



Helston Community College

# Activities Week

YEAR 7

## Introduction

The College is planning to reintroduce the Activities Week for students in years 7, 8 and 9 for 2024. It will take place between Monday 15<sup>th</sup> July and Friday 19<sup>th</sup> July.

Students in Year 7 will take part in a range of educational and extracurricular opportunities that go beyond the regular curriculum. These activities, including trips, workshops, and specialized lessons, are designed to build on students' learning in the classroom as well as introduce them to new skills and experiences.

Students will largely be based in their tutor groups during the week. There will be three offsite days, at Newquay Zoo, Flambards and Trevassack Lake on the Lizard. For the two onsite days, students will be able to choose from a range of activities including:

- An upcycled fashion day
- A PE enrichment day
- A science detective challenge day
- An engineering challenge day
- A music enrichment day
- An ultimate movie marathon day!

The structure of the week will look like this:

TG	Monday	Tuesday	Wednesday	Thursday	Friday
A&B	Newquay Zoo	Trevassack Lake	HCC activities 2	Flambards	HCC activities 1
C&D	HCC activities 1	Newquay Zoo	Trevassack Lake	HCC activities 2	Flambards
E&F	Flambards	HCC activities 1	Newquay Zoo	Trevassack Lake	HCC activities 2
G&H	HCC activities 2	Flambards	HCC activities 1	Newquay Zoo	Trevassack Lake
J	Trevassack Lake	HCC activities 2	Flambards	HCC activities 1	Newquay Zoo

## The cost

The cost of the whole week, including transport and entrance to the activities is £80. We understand that you may have questions regarding the £80 charge for Activities Week during curriculum time. The cost covers transportation, materials, and expert instructors. We are committed to providing the best possible education, and your support through this fee helps us continue offering these valuable opportunities to enhance your child's education. Parents can pay the cost all at once or spread the cost across the year through 5 instalments of £16.

If you have any further questions or concerns, please do not hesitate to reach out to us. We appreciate your understanding and support in ensuring a fantastic Activities Week for your child.

Parents / carers can cover the cost through Parent Pay and also indicate which of the onsite activities your son or daughter would like to participate in. The activities based at Helston Community College may have a maximum group size. Places will be allocated on first come first served basis when the bookings open on Parent Pay, which will be on Monday 4<sup>th</sup> December.

All parents should have access to a Parent Pay account already, however, some may need to activate their account by using the details in the email from Parent Pay which was sent at the start of September. If you have any issues activating your account, please email our accounts team at: [Accounts@Helston.tpacademytrust.org](mailto:Accounts@Helston.tpacademytrust.org) or via phone at 01326 577028

### **Behaviour**

We value each student's opportunity to engage with the activities week. However, it is vital to uphold a safe, positive and respectful atmosphere within our college community at all times. Therefore, in the rare cases where there are concerns about a student's behaviour, their participation in particular activities may be reconsidered. We would always endeavour to communicate any concerns to you at the earliest opportunity. As ever, your support is greatly appreciated.

### **Consent forms**

In order for your son / daughter to take part in the week we will need two forms of consent:

- 1.** Your consent for your son / daughter to take part in the specific trip. This will be via Parent Pay, where you will be required to tick a box.
- 2.** We also need to collect a more detailed consent for your son /daughter to take part in trips generally. The College sent a link to a new annual general consent form for 2023-24 in July and **if** this has not yet been completed, it must be before the trip goes as it contains all the contact details and medication information the College needs to ensure the trip runs safely. **If** you need to complete this form it can be accessed here.

[PARENTAL CONSENT FORM \(google.com\).](#)

As this is a lengthier form, it will only need to be completed once per year (unless contact or medical details have changed).

### **Queries or questions**

If you have any general queries, not related to Parent Pay, please contact Mr J Dudley at the College ([JDudley@Helston.tpacademytrust.org](mailto:JDudley@Helston.tpacademytrust.org)).

The following pages contain an outline of the various activities.

## **Newquay Zoo**



**Newquay Zoo - Where Learning Meets Adventure! Join**

us for an exciting and educational day trip to Newquay Zoo, where learning and fun come together in a captivating natural setting. Get ready to explore the diverse and enchanting world of animals from around the globe. From the majestic giraffes to the playful lemurs, Newquay Zoo is home to over 1,000 animals from a multitude of species. This day trip offers an exceptional learning experience for students to discover and appreciate the rich biodiversity of our planet.



## **Watersports at Trevassack Lake**

Get ready to go on an exciting and educational journey to Trevassack Lake, a hidden gem on the stunning Cornish coast. Our trip to Trevassack Lake promises a day of learning, adventure, and unforgettable memories in a beautiful natural setting. With its sparkling waters, lush vegetation, and abundant wildlife, this hidden paradise provides an idyllic backdrop for a day of exploration and learning. Students will have the opportunity to participate in an array of watersports activities suitable for all skill levels. From kayaking and paddleboarding to windsurfing and sailing, our experienced instructors will guide and educate students in a safe and engaging

environment. The instructors will lead discussions and hands-on activities focused on local ecosystems, water conservation, and the significance of protecting our environment.

### **Flambards Theme Park**

There are amazing rides for thrill-seekers! Take a spin on the Hornet Rollercoaster and check out the view from the top of SkyRaker, the twisting drop ride. Brave the Thunderbolt, and prepare to get wet on the Colorado River log flume.



For those adrenalin junkies, why not ride Sky-Force, whizzing high above the park, this ride is the largest thrill ride in the South West.

Explore the cobbled streets of the life-sized Victorian Village and visit over 50 sets and scenes filled with over 50,000 genuine artefacts. See Victorian Britain frozen in time as you step inside the local pub, visit a Victorian home and see the divide between rich and poor.

Discover the life-sized replica of a London street during World War II in Britain in the Blitz attraction. Hear the deafening sounds of the air raid siren and literally feel the ground shake as another bomb goes off.

Activities at HCC – students choose one activity for each of their HCC-based days (two in total). Students can repeat an activity but it will be very similar on each occasion.



### **Physical Activity Day**

A day of Physical Activity ranging from Team Building, Football, Volleyball and Dodgeball on the school site.

## Ultimate movie marathon Day!

Looking for the perfect blend of cinematic excitement, delicious indulgence, and creative fun? Look no further! Our

Activities' Day offers an unforgettable experience that combines the magic of a movie marathon with snack making (and indulging!) and film-based activities. And here's the best part: You get to bring your own cozy duvet for the ultimate comfort!



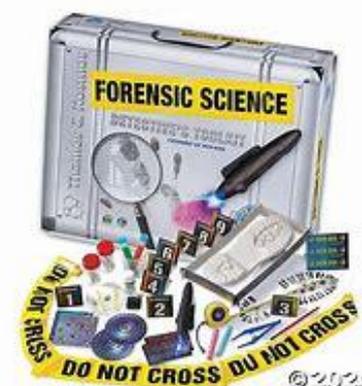
## Fun Upcycled Fashion



You shall spend the day upcycling one of your own garments with stencilled prints. You will bring in a T-shirt, shirt, pair of jeans/trousers, shorts or skirt and we will help you make it completely individual! We will show you how to make multi-coloured stencils inspired by your interests such as skateboarding, gaming, horse riding, music, manga etc. which you can place on your garment. The prints will dry quickly and you will be able to immediately wear and wash the garment. You will begin the day by exploring and sketching out ideas for possible prints. Next, you will then choose the one or two you like best, which you will then draw, cut out and stencil them carefully onto your chosen garment. The day will be relaxed, creative and FUN!

## A Science Challenge

Spend the day using science to solve a crime! An unknown assailant has committed a crime, but which of the suspects is to blame? Using practical scientific techniques we will be investigating a mystery crime to try and determine once and for all who the culprit is. Each practical activity will give us a clue about the whereabouts, profession and motives of each



suspect. You'll do various scientific tests and collect evidence before reaching your deductions to work out ...who... did... it...

### Music Day



Calling all Year 7 students with a passion for music! Get ready for an extraordinary all-day music enrichment experience that will ignite your musical talents and creativity. Join us for a day of melody and rhythm, where you'll explore the world of music like never before. Whether you're a budding musician or a curious newcomer, this immersive day promises to be a symphony of learning and fun. Discover the magic of music, make new friends, and let your inner artist shine in this unforgettable musical journey created just for you. Don't miss your chance to make beautiful music with us!



Skyscraper Elevation Challenge! - Unleash your architectural prowess in the quest to construct the loftiest skyscraper using basic materials. Delve into the secrets of structural stability and harness your knowledge to craft an awe-inspiring edifice that can not only support its own weight but also bear additional loads.

Collaborate as a united force to avert construction setbacks and maintain financial equilibrium. Prizes await the individuals and teams that ascend to the highest peaks in our towering contest.

Awards will also be bestowed upon the most outstanding structures across the entire week in categories such as:

- Structural Integrity
- Strength-to-Weight Ratio
- Strength-to-Cost Efficiency
- Aesthetically Pleasing Design

If the prospect of building excites your passion or if the thrill of testing limits ignites your curiosity, this event is tailor-made for you!