



Bloom

Frequently Asked Questions

What is Bloom?

Bloom is a consultation model for professionals working with children / young people who are experiencing difficulties with their emotional, social or mental wellbeing. We bring together professionals – like teachers, psychologists, family workers and community workers – to carefully discuss young people’s presentations and needs, offer advice and guidance, and consider what support may be available.

A Bloom Professionals Consultation can be requested for any child / young person struggling with emotional, social or mental wellbeing difficulties, as long as they are aged 0-18 years and they live in or are educated in Cornwall.

Some professionals at the meeting may know the young person; others will not. Between them they have a range of experience, skills and knowledge, and together they discuss each request for help (referral) and agree a plan that may include support suggestions, as well as a point of contact who will take the plan forward.

Bloom partners include health care, social care, education, the voluntary sector, community groups, social enterprises and other organisations. The Bloom model is a means of identifying and accessing support from a range of organisations and services to help young people to thrive.

Parents / Carers are not able to attend these meetings due to confidentiality, as a number of young people will be discussed in any Bloom Professionals Consultation meeting. A nominated professional, chosen by the parent / carer, will represent the young person and their family at the meeting.

Why has this young person been referred to Bloom?

All requests for help relating to emotional, social or mental health wellbeing are screened by the CAMHS Access Team within the Early Help Hub. Based on the information given on the referral form, this young person’s case has been deemed appropriate for discussion at a Bloom Professionals Consultation meeting.

How does Bloom work?

Anyone can ask for support from Bloom by contacting the Early Help Hub: www.cornwall.gov.uk/earlyhelphub or telephone **01872 322 277**

You can download a referral form at:

<https://www.cornwall.gov.uk/media/15572920/camhs.docx>

and email it to earlyhelphub@cornwall.gov.uk



All requests for help are carefully screened by the CAMHS Access Team within the Early Help Hub to decide the best way to support the young person, based upon the information provided on the referral form. When a case is allocated to Bloom a welcome letter is sent to the parent / carer, asking for the name and contact details of a nominated professional who can represent the young person and their family at a Bloom Professionals Consultation meeting. The Nominated Professional will then be invited to a Bloom Professionals Consultation meeting within the young person's area.

Bloom Professionals Consultation meetings are attended by professionals from a range of partner organisations and are guided by a Clinical Psychologist and a Primary Mental Health Worker who are present at every meeting. During the meeting each case is discussed carefully and together the attendees identify support options, agree a plan for the young person, and also agree a point of contact who will take ownership of the plan. The Point of Contact will then contact the young person and their Parent / Carer* to progress the plan.

What kind of support is offered through Bloom and who provides the support?

The support agreed at the Bloom Professionals Consultation meeting depends upon the young person's needs and the organisations represented at the meeting. Support is provided by a range of organisations, for example through linking the young person to activities and / or groups. Support may be suggested from other organisations that have waiting lists and / or support criteria. Any questions about the support suggestions in the plan should be directed to the Point of Contact.

What is a 'Nominated Professional'?

A *Nominated Professional* is usually identified by the Parent / Carer. They may be a teacher, SENCo, school pastoral support, social worker, youth worker, family worker, or anyone who has experience of the young person's behaviours and needs on a professional basis, and who has known the young person over a period of time. The Nominated Professional will represent and talk about the young person at a Bloom Professionals Consultation meeting.

Parents / Carers are not able to attend these meetings due to confidentiality, as a number of young people will be discussed in any Bloom Professionals Consultation meeting. It is best practice for the Nominated Professional to speak to the young person and their family so they can bring their voices to the meeting. This could include how the young person and their family are feeling about their current situation and anything else that is going on for them. This helps the meeting to have a more complete picture of the young person and their family. It is also helpful to know about any interests or hobbies the young person may have.

What is a 'Point of Contact'?

The *Point of Contact* is agreed at the Bloom Professionals Consultation meeting. They will ensure that the plan agreed at the Bloom Professionals Consultation meeting is carried out. The Point of Contact will also contact the young person and their Parent / Carer (dependent upon the age of the young person and consents given) after the meeting.

How are Parents / Carers informed about Bloom?

If a request for help is allocated to Bloom a welcome letter, a copy of these FAQs and a Bloom leaflet are sent to the Parent / Carer* informing them about Bloom.

Once the request for help has been discussed at the Bloom Professionals Consultation

meeting and a Consultation Plan agreed, the plan will be sent to the Parent / Carer*. It will explain the outcome of the meeting, outline the agreed plan and give details of the Point of Contact. When a plan is in place with an agreed point of contact, the request for help is closed to Bloom. The plan will be copied to the GP, the Point of Contact and the referrer. If required, a young person can be re-referred to Bloom via the Early Help Hub once the actions within the Consultation Plan have been completed or if young person's circumstances have changed.

How long does it take from the referral going in for a young person to be discussed?

It is difficult to give a precise time frame. Once details of a Nominated Professional are received from a Parent / Carer, that person is contacted by email and offered a choice of Bloom Professionals Consultation meetings and discussion slots. The sooner we receive the name and details of the Nominated Professional, the sooner they can be invited to a meeting to discuss the young person and agree a plan.

* If a young person has self-referred and asked for their parent / carer not to be informed the welcome letter will be sent directly to the young person. Where this is the case, the Point of Contact will contact the young person directly.

I have a different question – how do I find out more about Bloom?

Bloom does not have a contact telephone number. We hope that these FAQs have answered most questions, but if you do have another question please use one of the following email addresses:

If you are in the Penwith or Kerrier localities – cft.bloomwest@nhs.net

If you are in the Carrick or Restormel localities – cft.bloommid@nhs.net

If you are in the Caradon or North Cornwall localities – cft.bloomeast@nhs.net