



Headteacher: Mr W N Jenkins Tel: 01326 572685 Fax: 01326 572183

Church Hill, Helston, Cornwall. TR13 8NR Email: enquiries@helston.cornwall.sch.uk www.helston.cornwall.sch.uk

Canteen Menu – South Site 12 July - 16 July 2021

Monday

Steak Pasty Cheese and Onion Pasty

Tuesday

Chicken Curry with Rice and Naan Bread Vegetarian Curry with Rice and Naan Bread Wednesday

Sausages, Yorkshires, Roast Potatoes and Vegetables Vegetable Kiev, Roast Potatoes and Vegetables

Thursday - Meat Free

Macaroni Cheese with Garlic Bread and Salad Pumpkin Pasta in Tomato Sauce with Garlic Bread and Salad

> Fingers and Chips Pizza and Chips

Jacket Potatoes with Various Fillings, Pasta Salads and a Variety of Sandwiches are available every day.

Students need to eat healthy foods to achieve academic success, to experience proper growth and development and to prevent chronic disease.

We believe that a balanced healthy school lunch is vital to ensure that students are nutritionally re-charged so that they can work through the afternoon and help them achieve to the best of their ability.

As of 2nd November 2020 prices will be increasing as follows:

Students: Main Meal £2.00, Dessert £0.75, Meal deal £2.35.

Staff: Main Meal £3.00, Dessert £0.75, Meal Deal £3.50.









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Canteen Menu – North Site 12 July – 16 July 2021

Steak Pasty
Cheese and Onion Pasty
Tuesday
Chicken Curry with Rice and Naan Bread
Vegetarian Curry with Rice and Naan Bread
Wednesday
Sausages, Hash Browns and Beans
Quorn Sausages, Hash Browns and Beans
Thursday - Meat Free
Macaroni Cheese with Garlic Bread and Salad
Quorn Bolognaise with Garlic Bread and Salad

Fish and Chips Pizza and Chips

Jacket Potatoes with Various Fillings, Pasta Salads and a Variety of Sandwiches are available every day.

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HELSTON COMMUNITY COLLEGE ASPIRATION · AMBITION · ACHIEVEMENT



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