

Personal Development at Helston Community College

Anti-Bullying – Statement of Intent

HELSTON COMMUNITY COLLEGE

ASPIRATION • AMBITION • ACHIEVEMENT



Helston Community College's Anti-Bullying Mission Statement

We, the students and staff of Helston Community College, stand united in our quest to deplore all types of bullying and discrimination and any behaviour that encourages it. We aim to provide support and guidance for both victims and perpetrators of bullying as well as sanctioning where necessary, but ultimately to eliminate bullying in its earliest stages in order to ensure all members of our College feel protected.

What is Bullying?

Bullying is repeated negative behaviour that is intended to make others feel upset, uncomfortable or unsafe.

What are the different types of Bullying?

Verbal – The repeated negative use of speech, sign language or verbal gestures to intentionally harm (hurt) others. E.g., swearing, offensive language, discriminatory language.

Indirect – Repeated negative actions which are neither verbal or physical to intentionally hurt others. E.g., isolating someone from a group, damaging/taking somebody's property, physical intimidation.

Physical – Repeated negative use of body contact to intentionally hurt others. E.g., punching, kicking, spitting at someone, pushing, poking, biting, pinching.

Cyberbullying - The use of electronic communication to bully a person. E.g., flaming/trolling, catfishing, outing/exposing, cyber stalking, exclusion, online sexual harassment, denigration.

Sexual – Repeated unwanted physical contact, inappropriate touching, abusive comments, homophobic abuse, exposure to inappropriate films etc.

Introduction to Anti-Bullying Ambassadors

The Anti-Bullying Ambassadors are a team of students in KS4 who have been trained by The Diana Award Anti-Bullying Campaign. Their role is to help educate their peers on bullying, lead on Anti-Bullying campaigns, promote a culture, which celebrates and tolerates differences and help keep their peers safe both online and offline.

The programme is designed to equip students and staff with the tools needed to tackle bullying behaviour head on and transform Helston Community College's approach to Anti-Bullying to create a safer, kinder college community. Students, who are leading our campaigns in college, lead the programme.

How do Anti-Bullying Ambassadors educate on Bullying in College and the Community?

At Helston Community College, we the Anti-Bullying Ambassadors take Bullying seriously. We educate our peers through several different ways. At the beginning of the school academic year, we go into

Year Group Assemblies and outline that we do not tolerate any form of bullying in our college to remind students not to bully and tell them the consequences of their actions. We are also educating on bullying by hosting events like Odd Sock Day, as well as having Parents/carers Bullying Awareness sessions, so parents and carers know how to help and support their child if any bullying situation arises. We are also presenting presentations to local primary schools to try and educate them from a younger age that bullying is not acceptable and when they arrive at Helston Community College, they know that it is not acceptable. We have even more ideas and have weekly meetings to discuss any further projects and events. To see a more detailed plan of what we have in store to educate on bullying please see our page on our Awareness Journey for 2022/23.

Who to contact if you or someone else is being bullied?

At Helston Community College, all staff members have undergone thorough Anti-Bullying Training, and know how to respond and deal with bullying situations. We have a wide range of student support from the Pastoral Support Assistants and Champions whose purpose is to make sure students are well and are happy both inside school and out. As well as our Anti-Bullying Ambassadors who are available every break and lunchtime in **TBA** to help support students who are experiencing bullying behaviour.

If you believe that your child is experiencing bullying behaviour, please email anti-bullying@helston.cornwall.sch.uk and one of the team will get back in touch with you in a matter of urgency to discuss the matter further.

Key Contacts for Anti-Bullying:

Mrs M Mugford – Assistant Headteacher – MMugford@helston.cornwall.sch.uk

Mr A Oates – Designated Safeguarding Lead – [AOates@helston.cornwall.sch.uk](mailto:A0ates@helston.cornwall.sch.uk)

Mr J Dudley – Head of Year 7 and Transition – JDudley@helston.cornwall.sch.uk

Adam – Anti-Bullying & Kindness Ambassadors Team Leader

Mrs J Marsh – Pastoral Support Assistant (Y7) – JMarsh@helston.cornwall.sch.uk

Mrs A Dyer – Pastoral Support Assistant (Y8) – ADyer@helston.cornwall.sch.uk

Mrs S Soan – Pastoral Support Assistant (Y9) – SSoan@helston.cornwall.sch.uk

Mrs S Asbridge – Pastoral Support Assistant (Y10) – SAsbridge@helston.cornwall.sch.uk

Mrs L Cameron – Pastoral Support Assistant (Y11) – LCameron@helston.cornwall.sch.uk

Mrs N Williams – Pastoral Support Assistant (Post-16) – NWilliams@helston.cornwall.sch.uk

Reporting Bullying Behaviour Outside of School

Outside of school, there are plenty of organisations who are specialists in helping in bullying situations. Please see below some links what will take you directly to their website:

- [Anti-Bullying Alliance](#)
- [Bullying UK](#)
- [Childline](#)
- [The Diana Award](#)

- [Internet Matters](#)

- [Kidscape](#)
- [The UK Safer Internet Centre](#)
- [UK Council for Child Internet Safety \(UKCCIS\)](#)

E-Safety

We believe that as students at Helston Community College, we need to know the knowledge, skills and tools to understand and harness the power of the Internet.

When you use the Internet in school, you and your parents can be assured that through our security and filtering technologies, your browsing will be safe and secure. However, when you are browsing the Internet at home, things may not be as safe and secure.

Make sure you know the **SMART** rules:

S - SAFE: To keep safe online, don't give out your personal information - full name, email address, phone number, home address or school.

M - MEETING: Meeting someone you have met online can be dangerous. Only meet if your parents or carers agree and they can be with you.

A - ACCEPTING: Accepting emails and messages from people you do not know can be risky, especially if they have attachments - they can contain viruses or nasty messages.

R - RELIABLE: Information you find on the internet may not be reliable, and people may not be who they say they are.

T - TELL: Tell your parent, carer, Anti-Bullying ambassador, or an adult you trust if something makes you feel worried or if you know someone is being bullied online.

If you are concerned about something that may have happened while online, you can now report it to the Child Exploitation and Online Protection Centre. You are doing the right thing and by taking this action, you may not only help yourself but also help make other people safer as well.

If you are being bullied online, please email anti-bullying@helston.cornwall.sch.uk and a team will get in touch with a matter of urgency to discuss your concern further, or you can talk to a member of the Anti-Bullying Ambassadors who are trained to deal with online bullying. Below are some web sites about Internet safety that you might find useful.

[Net Aware](#)


[Think You Know - for students](#)

[Kid Smart](#)

[Get Safe Online](#)

The Anti-Bullying Ambassadors educate students and the community on E-Safety by presenting assemblies to the college as well as local primary schools, making tutor time activities to help support the colleges PSHE programme, getting guest speakers in to talk about their experiences as well as having guest speakers in college speaking about the dangers of social media. In addition, the ambassadors will be making videos on the dangers of social media and help and support to students experiencing cyberbullying.

<p>For any more information about the College's Anti-Bullying Awareness Document please contact:</p>



Mrs M Mugford – Assistant Headteacher – MMugford@helston.cornwall.sch.uk

Anti-Bullying & Kindness Ambassadors

At Helston Community College, we are committed to ensuring that we, the students, and staff, stand united in our quest to deplore all types of bullying and discrimination and any behaviour that encourages it. We aim is to provide support and guidance for both the victims and perpetrators of bullying as well as sanctioning where necessary, but ultimately to eliminate bullying in its earliest stages in order to ensure all members of our college feel protected. In order to do this, we have a dedicated team of Anti-Bullying Ambassadors (KS4/5) who have been trained by The Diana Award. Their job is to intervene and stop bullying situations in their earliest stages. Ambassadors will promote that bullying is not acceptable in our college and community, as well as having dedicated trained staff who know how to deal with bullying situations. We also have introduced the Kindness Ambassadors (KS3) whose job it is to promote kindness and positivity to their dedicated year groups. They also work alongside the Anti-Bullying Ambassadors to help promote that bullying is not acceptable. If you are being bullied or know someone who is bullying someone, please contact a member of the Anti-Bullying Ambassador Team below. In addition, if you require any more information, please do not hesitate to contact one of the Anti-Bullying Key Contacts:

Mrs M Mugford – Assistant Headteacher – MMugford@helston.cornwall.sch.uk

Adam (P16 Student) – Anti-Bullying & Kindness Ambassadors Team Leader

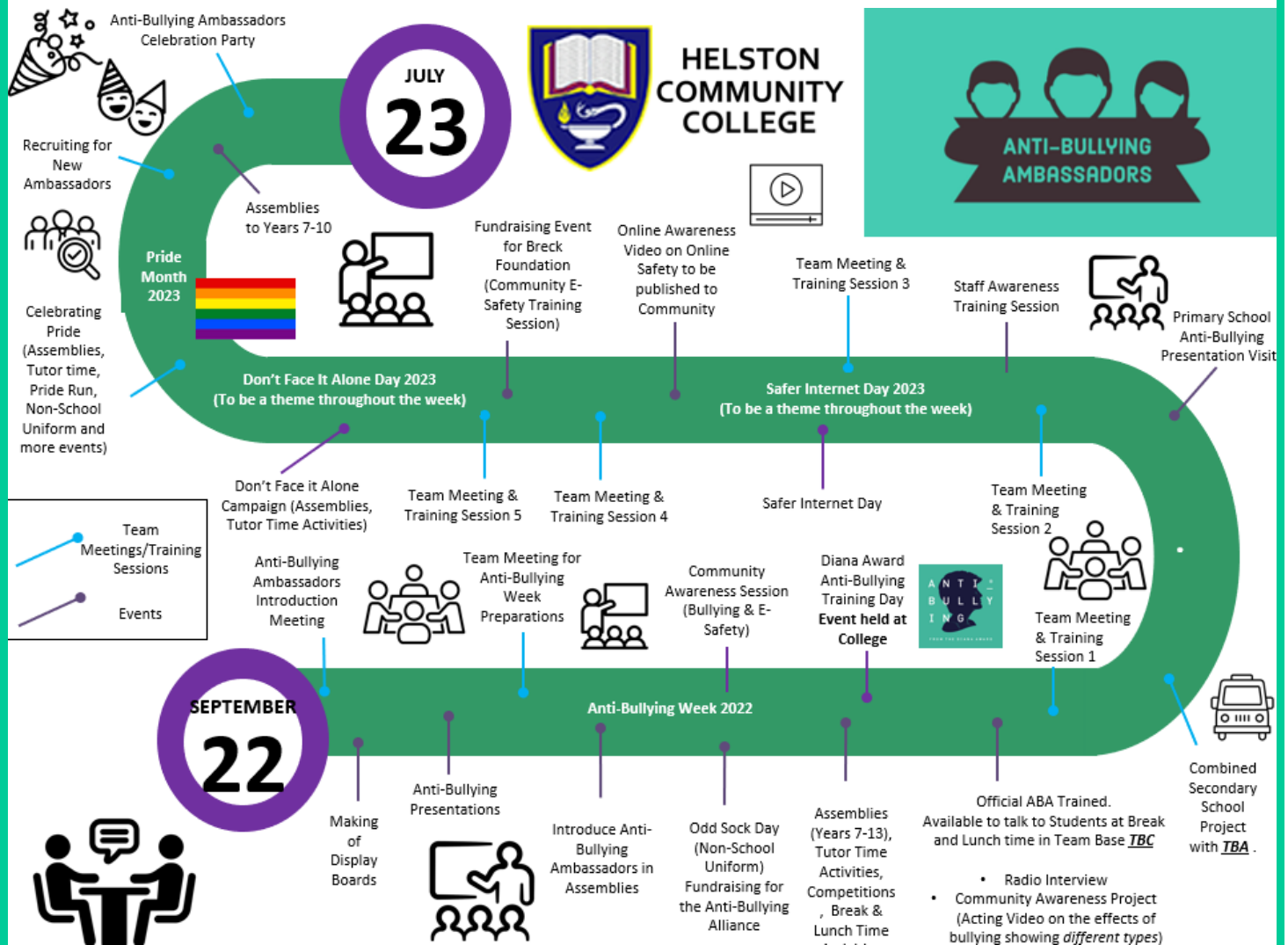
Anti-Bullying Ambassadors Awareness and Progression Journey 2022/23

At Helston Community College, we the Anti-Bullying Ambassadors take our role in educating bullying seriously. At the beginning of the year, we come together and plan different events and activities to show and educate people that we will not tolerate bullying in our college and community. Below is just some of the ideas that we are going to be completing on our awareness journey but keep an eye on our social media channels and school website for more details and events that we have planned.

Self Help Self Responsibility Equity Equality Democracy Solidarity

Social Responsibility Honesty Openness Caring for Others

Awareness & Progression Journey '2022/23'



For any more information, please contact Assistant Headteacher, Mrs Mugford at MMugford@helston.cornwall.sch.uk