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13<sup>th</sup> December 2019

Dear Parent/Carer

## Year 11 Relationships, Sexual Health and Personal Safety Sessions with Brook Education Thursday 19th December

On Thursday 19<sup>th</sup> December 2019, Year 11 students will be taking part in a session on relationships, sexual health and personal safety as part of the College's Personal, Social and Health Education programme. These sessions will be delivered by Brook Education who are commissioned by the Cornwall Council to deliver Relationships and Sex Education to secondary schools in Cornwall.

The purpose of the session is to look at sexual health within a broader context of relationships, attitudes, stereotypes and media. It includes discussion about the qualities that make a healthy relationship and the importance of healthy behaviour.

Currently, parents can withdraw their children from all or part of sex education that does not form part of the statutory National Curriculum. If you wish to withdraw your child from this session, please can you email <a href="mailto:plaban@helston.cornwall.sch.uk">plaban@helston.cornwall.sch.uk</a> to inform us. If we do not receive a response by Monday 16<sup>th</sup> December 2019 we will assume that you give permission.

If you have any questions regarding these sessions, please do not hesitate to contact me at College.

Yours faithfully

PLaban

Mrs P Laban
PSHE and Careers Co-ordinator

