

LEARNING FROM HOME PACK

NAME:

Teacher:

Class:

LEARNING OBJECTIVES

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- To celebrate the good things in life and what we have in common with others in Britain
- To understand how to look after your own personal wellbeing whilst away from school
- To celebrate St Georges Day and the promotion of British Values



Progress Passport

Identity Boots

Personal Wellbeing
Tips

Self Esteem Tree

Sharing knowledge

Write a book Review

Play I little
Spy at home

World Cup Challenge

Design a Football
Kit

Debating Challenge

Human Rights Jigsaw
Challenge

St George's Peace
Doves

Design an Aeroplane

Building a new
Parliament

Encouraging
student to read

Create a Fair Trade
Supermarket Van



CRE8TIVE
CURRICULUM




CRE8TIVE
RESOURCES


PROGRESS PASSPORT 2020-2021

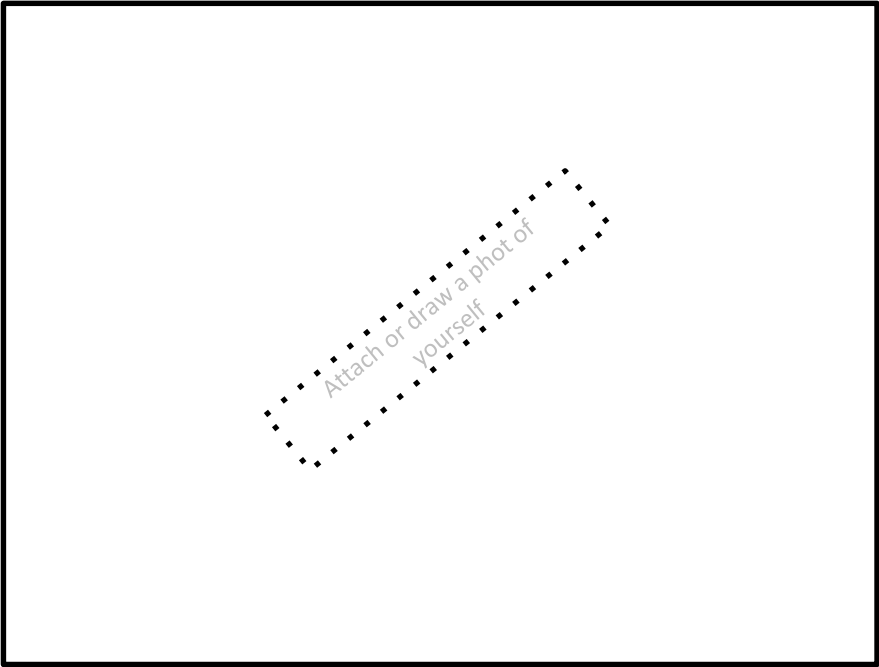
SCHOOL:

TARGET SETTING 2020 -2021	
Target 1 Target I would like to set myself linked to my school life	E.G <i>I will try to focus more in my Music lesson</i>
Target 2 Target I would like to set myself linked to my home life	E.G <i>I will try to do more chores around the house or keep my bedroom tidy</i>
Target 3 Target I would like to set myself linked to my personal wellbeing	E.G <i>I will take time to enjoy watching either the sunrise or sun set once a week</i>

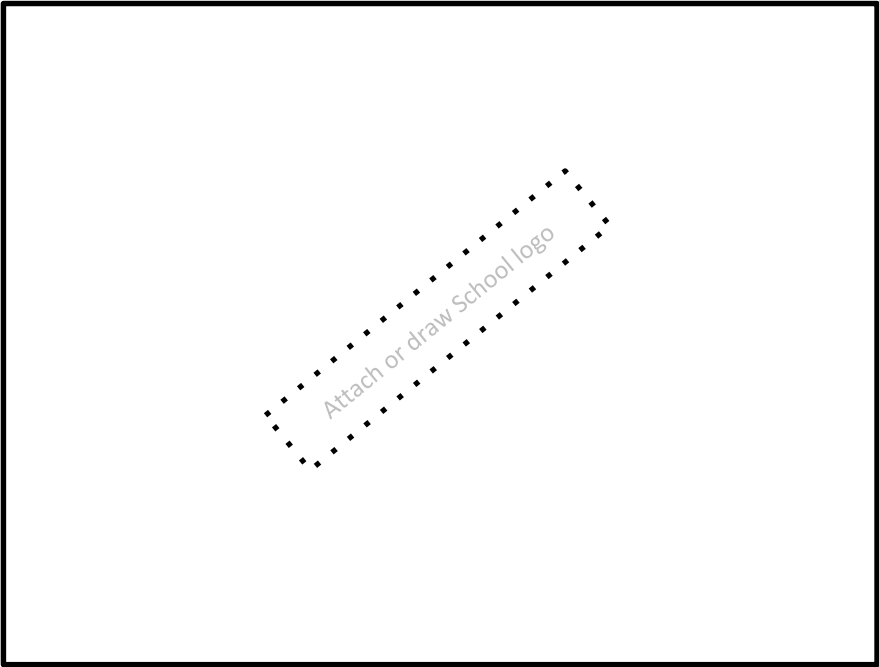
Who can help you to achieve these targets?




How are you feeling?	
What are you most excited about this year? 	1
	2
	3
Best friends name(s)	
What are you most nervous about?	1
	2
	3



SURNAME:
FORENAME:
PREFFERED NAME:
DATE OF BIRTH:
NATIONALITY:
AGE:
FAVOURITE SPORT
FAVOURITE FOOD:



ACADEMIC PROFILE	
Favourite Subjects	1
	2
	3
Strongest subject	
Subjects you would like to improve 	1
	2
	3

DESIGN CHALLENGE

Design a Brand new Pair of /boots that reflect your own identity

Make sure you find out at least the following things:

- ✓ Favourite colours
- ✓ Favourite hobbies
- ✓ How they plan to wear the boots
- ✓ Personal style towards fashion
- ✓ Favourite shoe brands

Using the outline below design them some bespoke new boots





What is positive wellbeing?

It is a state of overall good health in both body and mind and can include:

- ✓ **Intellectual** (cognitive stimulation such as problem solving puzzles),
- ✓ **Spiritual** (understanding sense of purpose and beyond your own existence, can be through prayer or exploration of a higher power, etc)
- ✓ **Social** (building relationships and community support through friends and family and neighbours etc.)
- ✓ **Physical** (Movement, whether in sports or walking, movement that brings joy.)

11 TOP TIPS FOR POSITIVE WELLBEING WHEN YOU ARE OFF SCHOOL

Taking breaks from technology. It can create strain on the eyes, disrupt sleep, overstimulate your brain and normally technology is linked to a lack of movement.



Spend time outside in nature. Nature is healing, going to your local park or green space and taking a walk is a great way to destress. .

Spend time with people who support you. Social interaction and a strong network of support is important for mental health, sharing problems and building social skills



Eat fresh fruit and vegetables daily. Food helps to build and nourish your body, it provides energy and helps you when you're not feeling well. Aim for at least 5 portions daily.

Breathing exercise. Practice breathing slowly into your stomach, through your nose and out slowly to calm down nervousness. Left and right nostril breathing is all good for enhancing these effects.



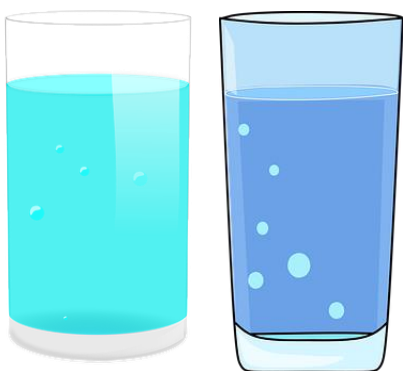
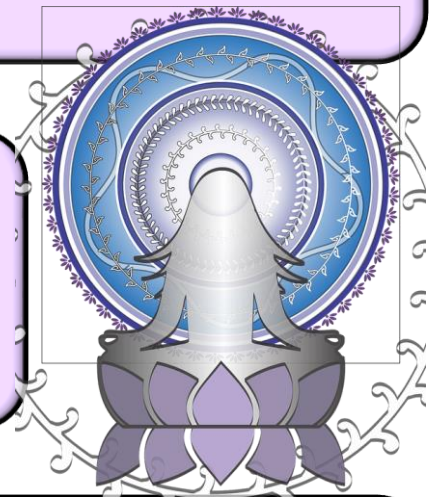
Find a creative activity. Finding a way to expressive yourself through your chosen form of art from acting, playing an instrument, art, writing short stories or poems is great for relaxing and spending time away from technology.

Limit phone time. Social Media can be a very negative environment and hyperfiltered which can distort how we see and feel about ourselves. Breaks are a good reminder that social media is a filtered highlight reel, not real life.



Talk about your problems. They can seem much worse in your head, especially if you don't talk about them and let them build up. Find someone you can trust.

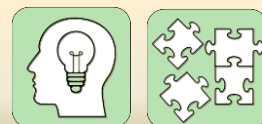
Meditation. Close your eyes for a few minutes each day and just focus on breathing. You don't need to anything else but witness your thoughts and feelings.



Drink plenty of water. We are over 70% water and dehydration can cause low energy amongst other undesirable symptoms

Write your feelings on paper. Keeping a journal, can help ease a troubled mind when you're not ready to talk about what is bothering you.





LEVEL 1

- Start at the top of the tree
- Pick a question and colour in the arrow.
- Answer the question in the triangle then pick the fruit and add to trolley
- Continue taking **one path down** the tree answering questions and picking as much fruit as you can.
- You must try to **collect all 10 healthy fruits** and then reach the peace dove

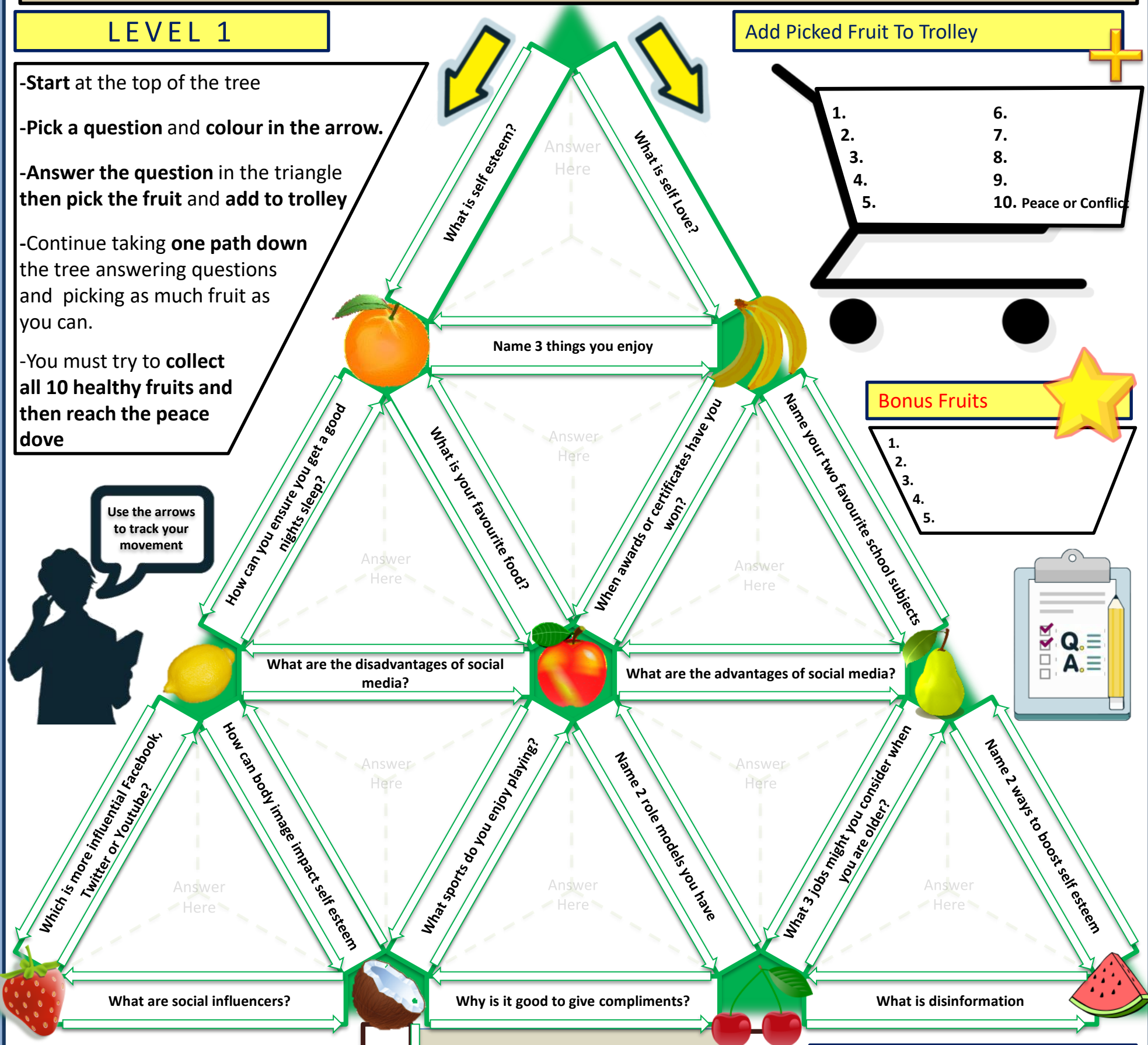
Use the arrows to track your movement

Add Picked Fruit To Trolley

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
10. Peace or Conflict

Bonus Fruits

- 1.
- 2.
- 3.
- 4.
- 5.



LEVEL 2

Come up with **three bonus questions** of increasing difficulty that **link to this topic** and identify which three additional fruit can be won!

Answer another students bonus Questions to **win more fruit!**

Explain the importance of boosting your own self esteem

Explain the importance of boosting your own self esteem

LEVEL 2

Q1.

Reward Fruit- _____

Q2

Reward Fruit- _____

Q3.

Reward Fruit - _____

LEVEL UP

SHARING KNOWLEDGE

1. Complete each question.
2. If you struggle ask a family member for help

Name a county beginning with A

CRE⁸

Who is the current Prime Minister?

CRE⁸

Name a subject beginning with C

CRE⁸

What month is my Birthday?

CRE⁸

Name five different fruits

CRE⁸

Name two political parties

CRE⁸

Which football team won the premier league in 2018?

CRE⁸

Name two types of dog

CRE⁸

Name the three primary colours

CRE⁸

Name the 4 countries that make up the UK

CRE⁸

Name four superheroes

CRE⁸

Name five Disney films

CRE⁸

What is the capital city of Spain?

CRE⁸

What is the square root of 64?

CRE⁸

Name three ways you can cook eggs

CRE⁸

Name four different religions

CRE⁸

Name two plays written by Shakespeare

CRE⁸

How many minutes are in a football match?

CRE⁸

What is the square root of 169?

CRE⁸

Name five Pokemon

CRE⁸

MY BOOK REVIEW

Title:
Author:
Illustrator:

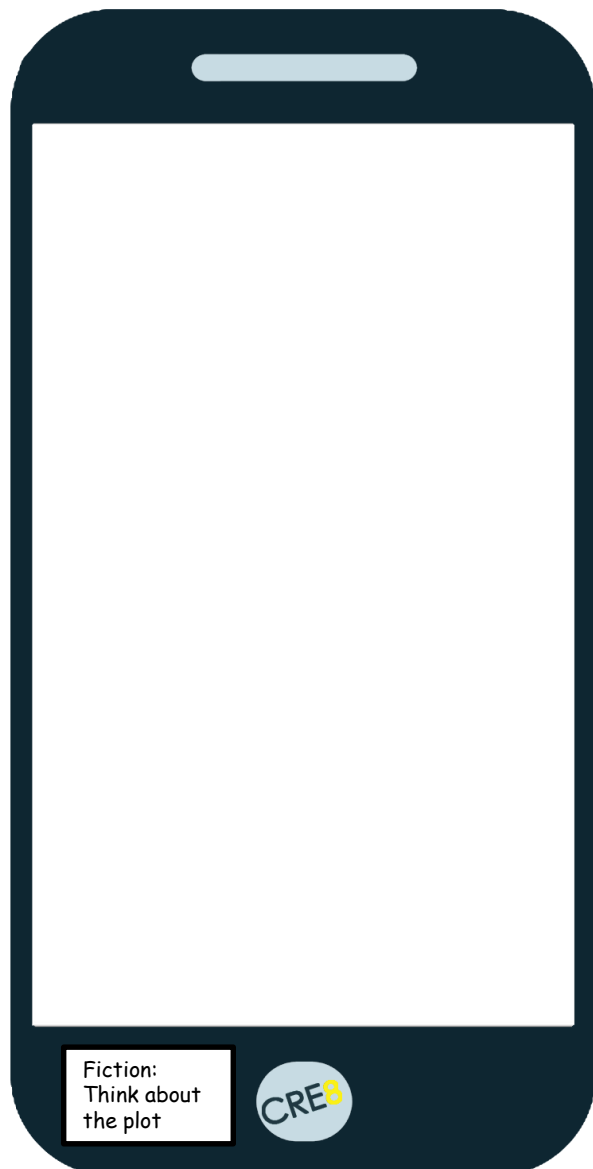
Fiction
Non-fiction

☐
☐

CREATIVE
RESOURCES

Reviewers Name::

Write a quick text message
explaining what the book was about



Fiction:
Think about
the plot

CRE8

Describe the setting of the story

Non-fiction:
What do
you learn
from the
book?

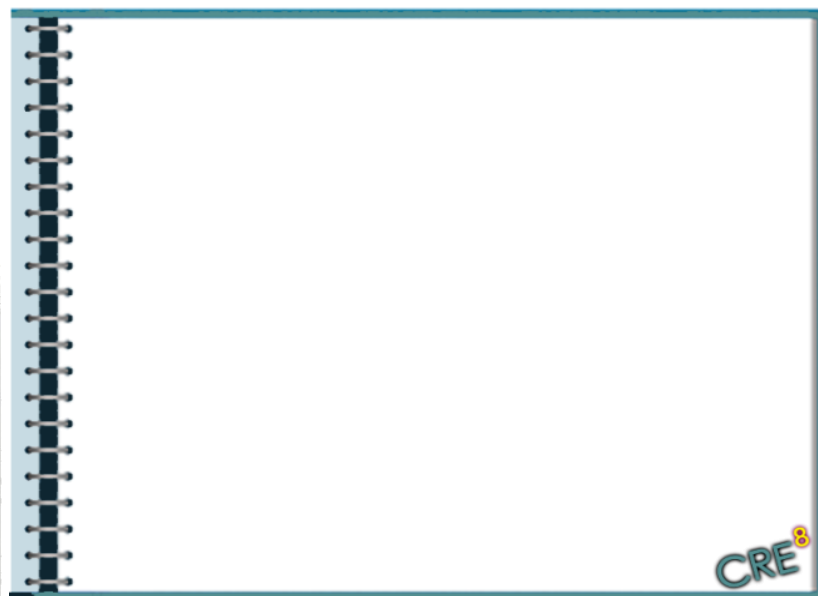
Who would this book be most suitable
for?

✓
✓
✓

Four hashtags to summarise the book

#-----#-----
-----#-----
-----#-----

Create a quick mind map of the **main characters**
and how they link with each other



CRE8

Reading this book made me
wonder about:

How many stars would you give this book?

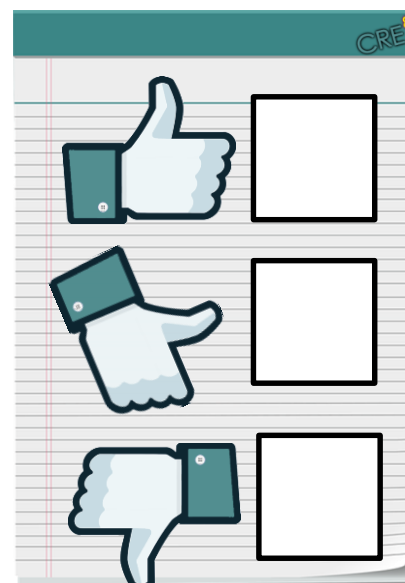


Favourite part or favourite
quote from the book

“-----

-----”

Would you recommend
this book?



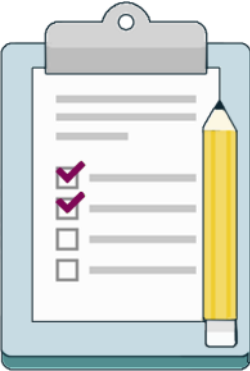
CRE8

I SPY WITH MY LITTLE EYE



1. Look around your home and try to complete the A-Z with your own ideas of what you see
2. For the five of the most difficult letters you can write 'I don't spy' instead
3. Extension: Once you have completed your own ideas can you find a second item for each letter

Letter	Inside the House	Second item	In the Garden
A			
B			
C			
D			
E			
F			
G			
H			
I			
J			
K			
L			
M			
N			
O			
P			
Q			
R			
S			
T			
U			
V			
W			
X			
Y			
Z			



Clue: Think about names of people in the room, displays on the wall, what you see on TV



IDENTIFY ALL 32 PARTICIPATING
COUNTRIES IN THE 2018 FIFA
WORLD CUP

EXTENSION: Can you name any of the capital
cities?

ACTIVITIES

Country / Capital City

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.
- 16.
- 17.
- 18.
- 19.
- 20.
- 21.
- 22.
- 23.
- 24.
- 25.
- 26.
- 27.
- 28.
- 29.
- 30.
- 31.
- 32.



CREATIVE RESOURCES

Design a Football Kit

- ✓ -Must represent at least four countries
- ✓ Promote peace and respect for Human Rights.
- ✓ Ethical sponsors
- ✓ Encourage Community togetherness & Diversity
- ✓ Front & Back design must be similar themes

FIFA's primary objective is "to improve the game of football constantly and promote it globally in the light of its unifying, educational, cultural and humanitarian values, particularly through youth and development programmes".



“PE is the most important subject in school”**Argument For****Arguments Against**

Your personal opinion :

“Students should be banned from playing computer games”**Argument For****Arguments Against**

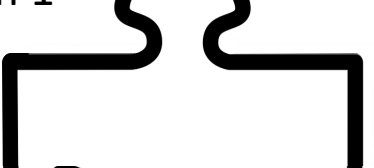
Your personal opinion :

“School uniforms should be banned in primary schools”**Argument For****Arguments Against**

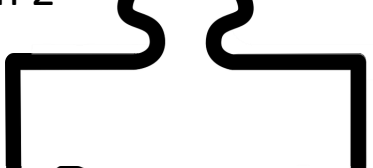
Your personal opinion :

HUMAN RIGHTS JIGSAW CHALLENGE

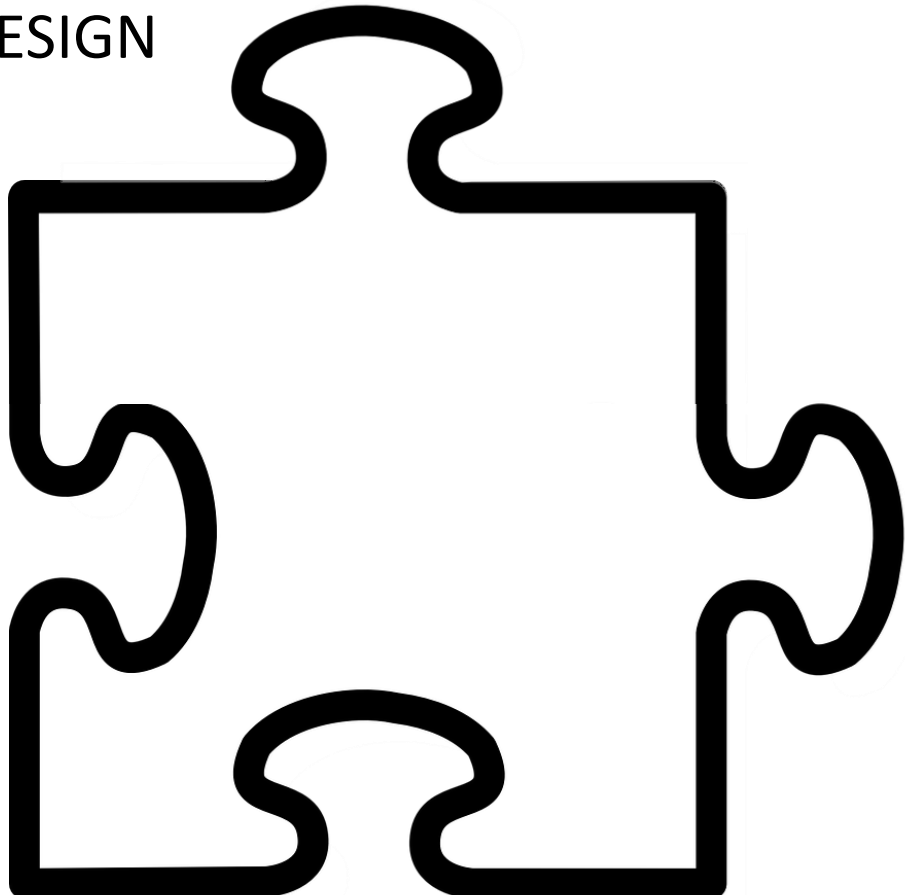
Plan 1



Plan 2



FINAL DESIGN

A thick black outline of a square with rounded corners and inward-curving sides, resembling a stylized cross or a decorative frame. The shape is centered on a white background. The top and bottom edges have a slight inward curve, while the left and right edges have a more pronounced inward curve, creating a central square void. The overall effect is that of a decorative border or a stylized architectural element.

Extension Task
Write a paragraph to explain why you believe it is important that citizens, governments and international organisations protect Human Rights across the world.

[illegible]

St George's Day is also known as the feast day of Saint George

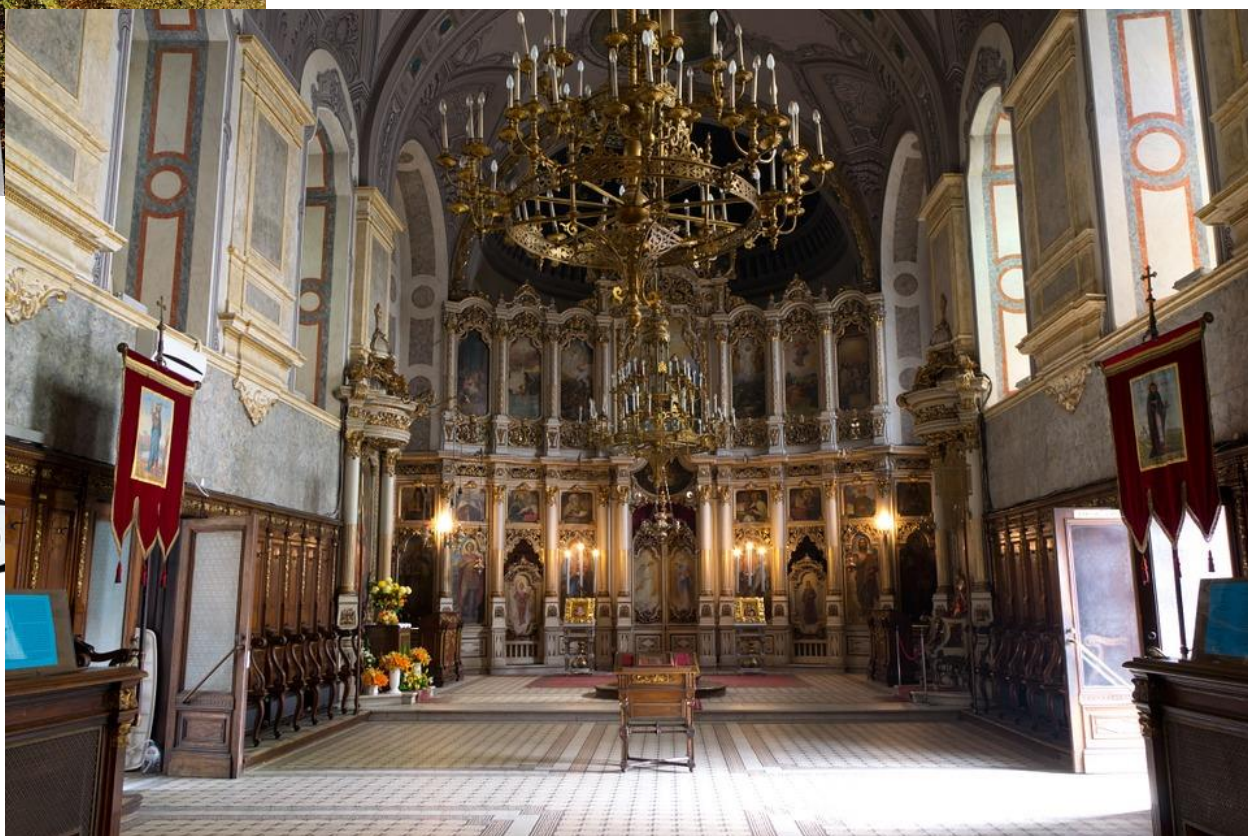
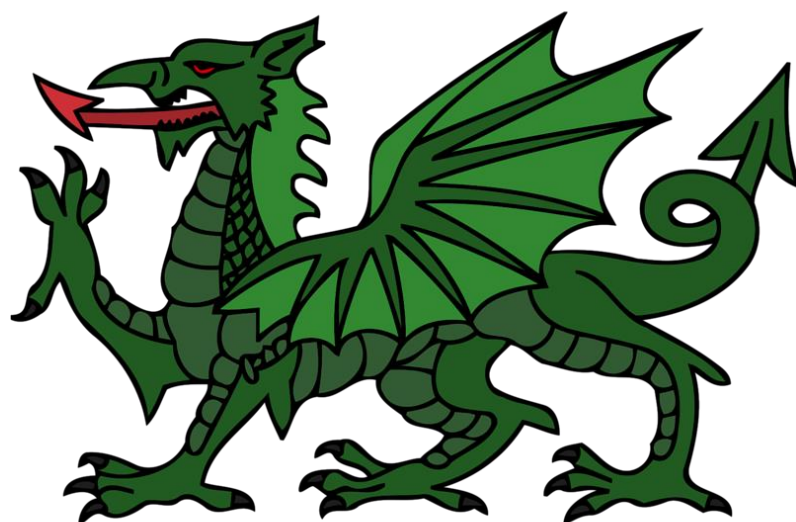
St George's Day is celebrated on the 23rd April every year

St George was a Roman Soldier

It is believed Saint George slayed a dragon to rescue a princess

The name George in Greek derives from 'Farmer'.

St George's Day celebrated the death of St George



Design Ideas

Sketch out your ideas

1. Create several ideas
2. Make sure it follows the values of the lesson
3. Use colours, words and symbols to express those values

Starting Points

ST GEORGE'S DAY
ENGLAND
EQUALITY
RESILIENCE & DIGNITY
PEACE & TRANQUILITY

DESIGN #1

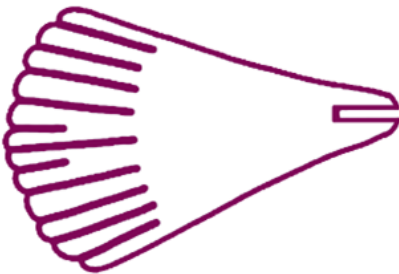
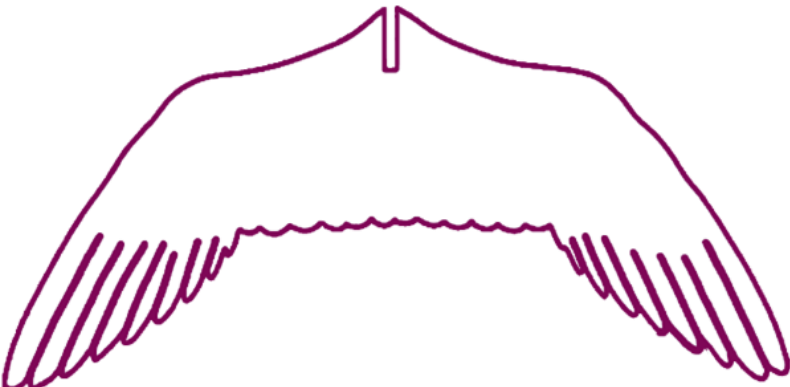
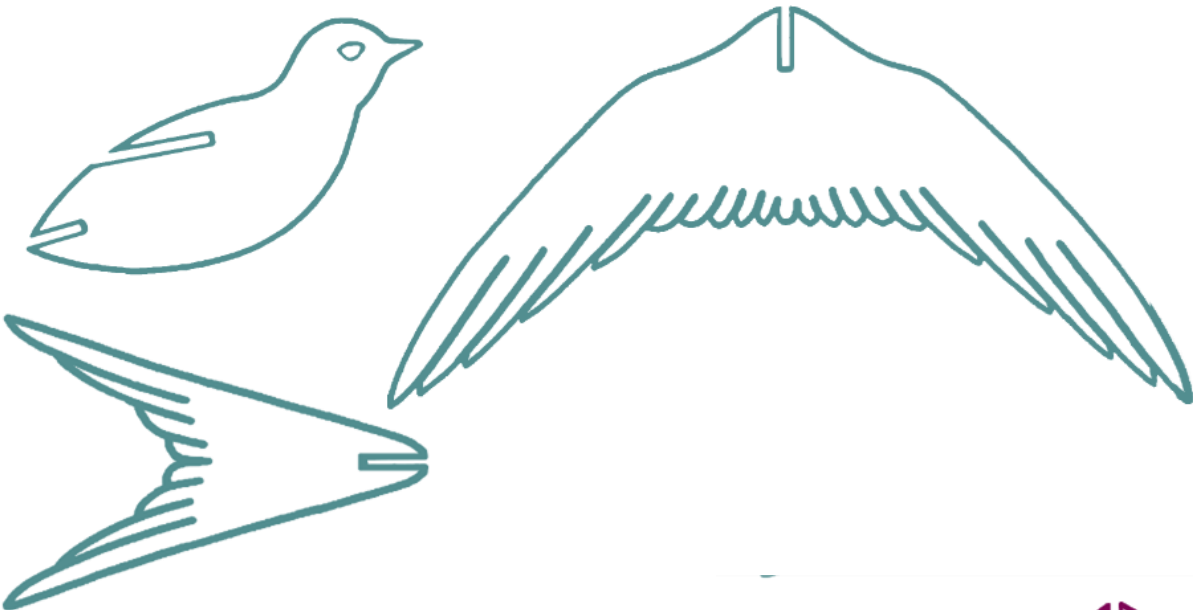
Write down your ideas in the box below

DESIGN #2

Write down your ideas in the box below

DESIGN #3

Write down your ideas in the box below



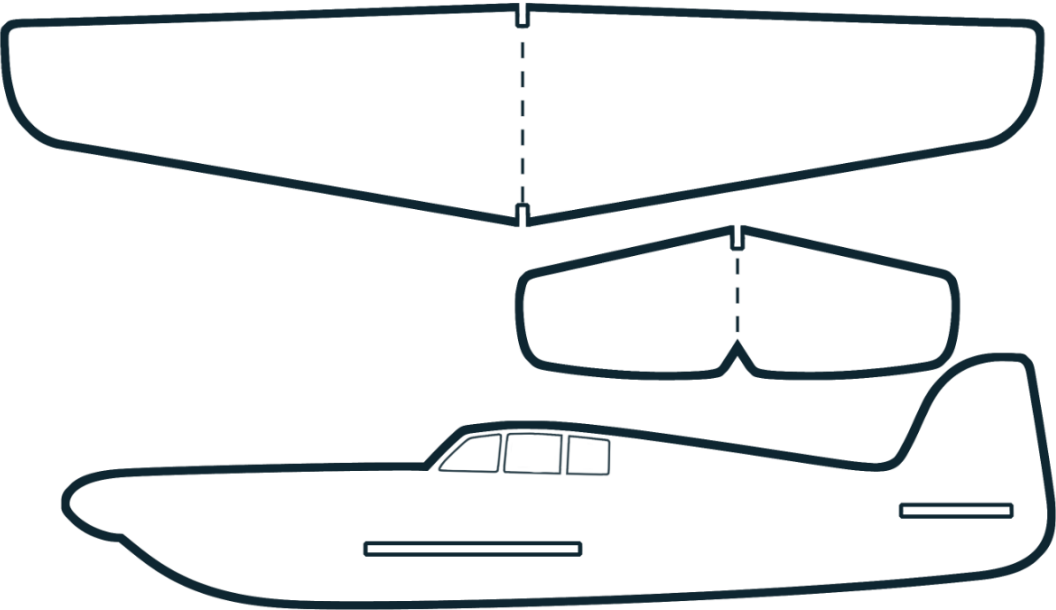
Design Ideas

Sketch out your ideas

1. Create several ideas
2. Make sure it follows the values of the lesson
3. Use colours, words and symbols to express those values

Starting Points

FREEDOM
RESILIENCE
REMEMBRANCE
PEACE
COURAGE
LOYALTY & PATRIOTISM

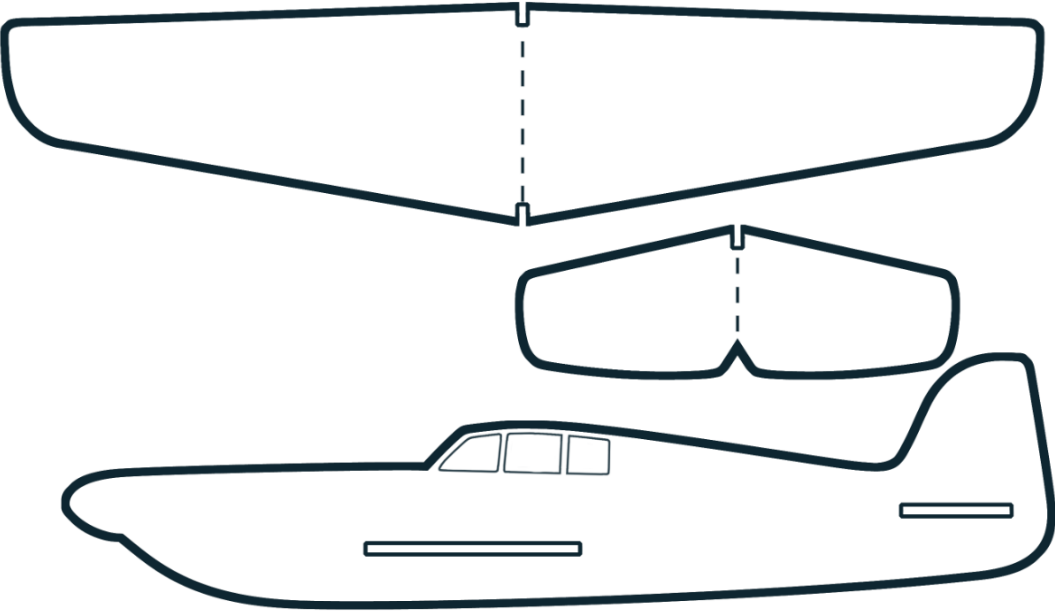


DESIGN #1

Write down your ideas in the box below

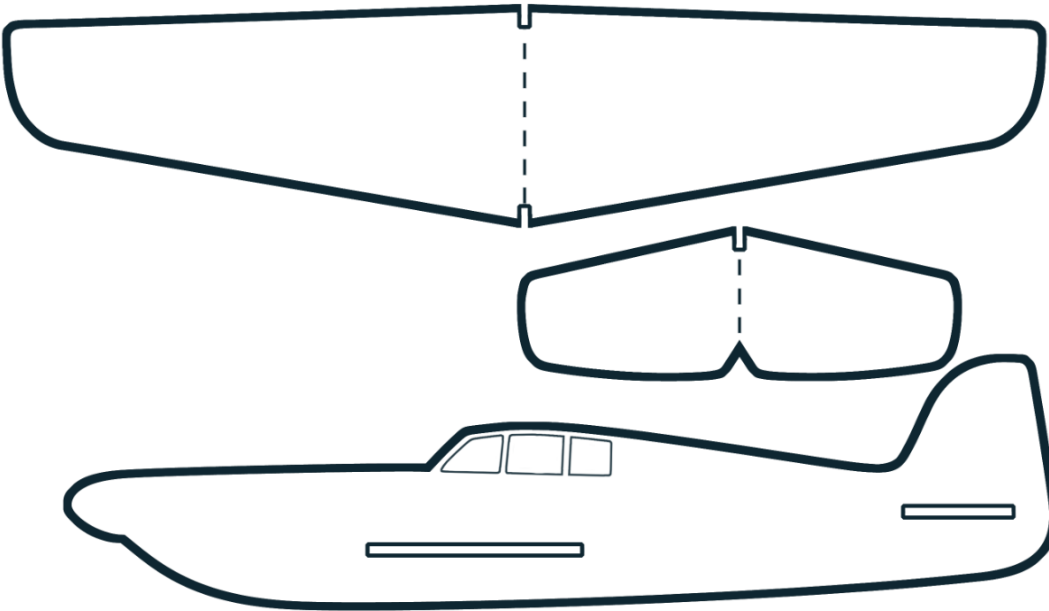
DESIGN #2

Write down your ideas in the box below



DESIGN #3

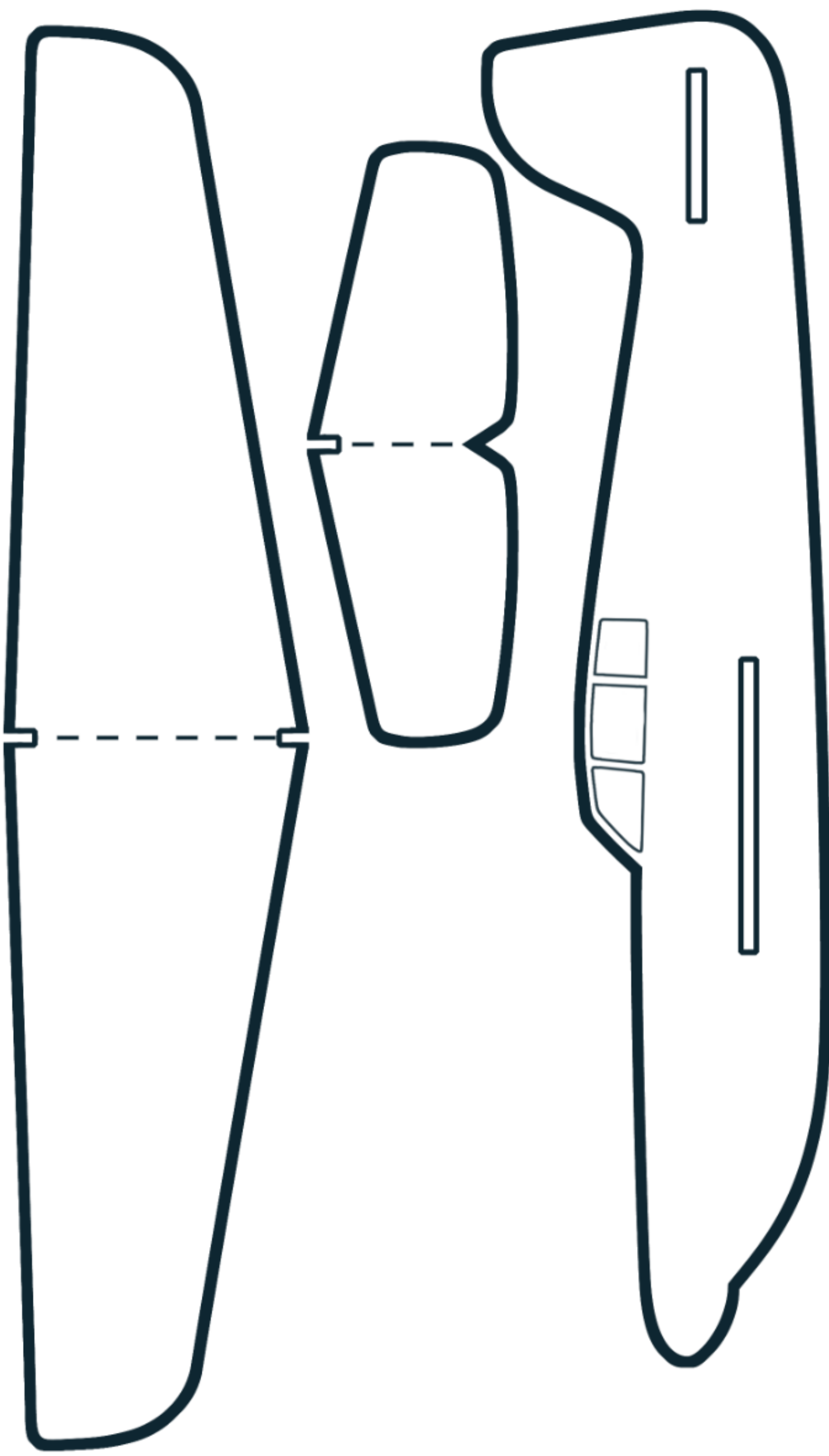
Write down your ideas in the box below



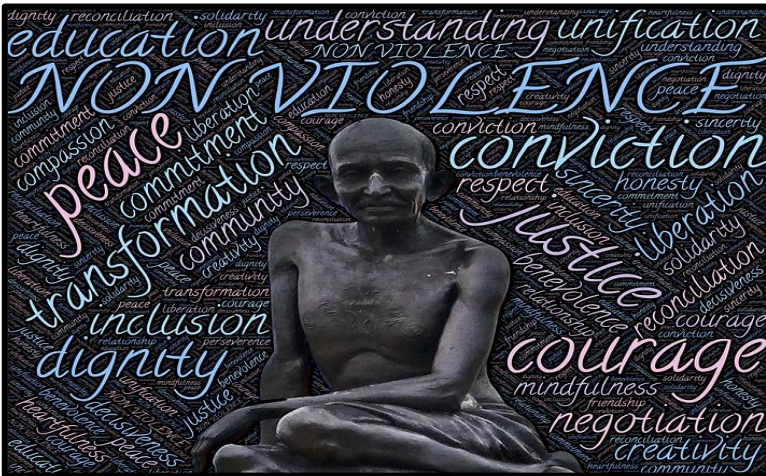
FINAL DESIGN

Final Design

Use your ideas to create your final plane.
Cut it out first so you apply your design to both sides of the plane and wings







Design Palace of Westminster

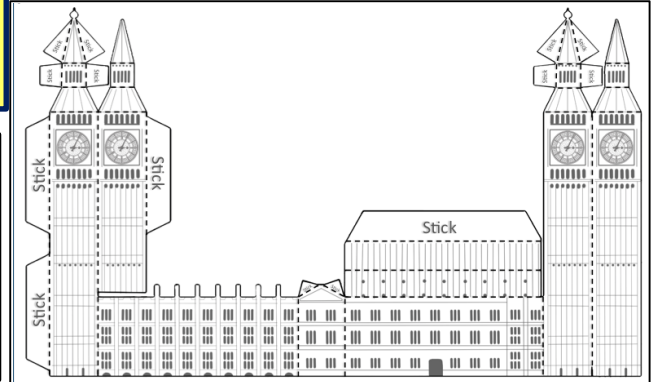
Design Ideas

Sketch out your ideas

1. Create several ideas
2. Make sure it follows the values of the lesson
3. Use colours, words and symbols to express those values

Starting Points

BRITISH VALUES
DEMOCRACY & FREEDOM
EQUALITY
MULTICULTURAL BRITAIN
PEACE & UNITY

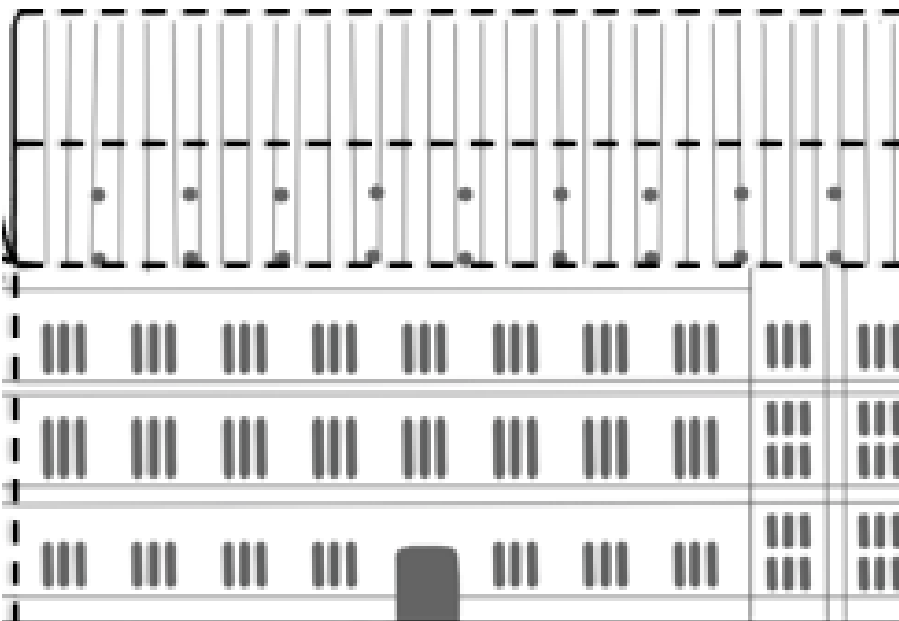


DESIGN WATERFRONT SIDE

Write down your ideas in the box below

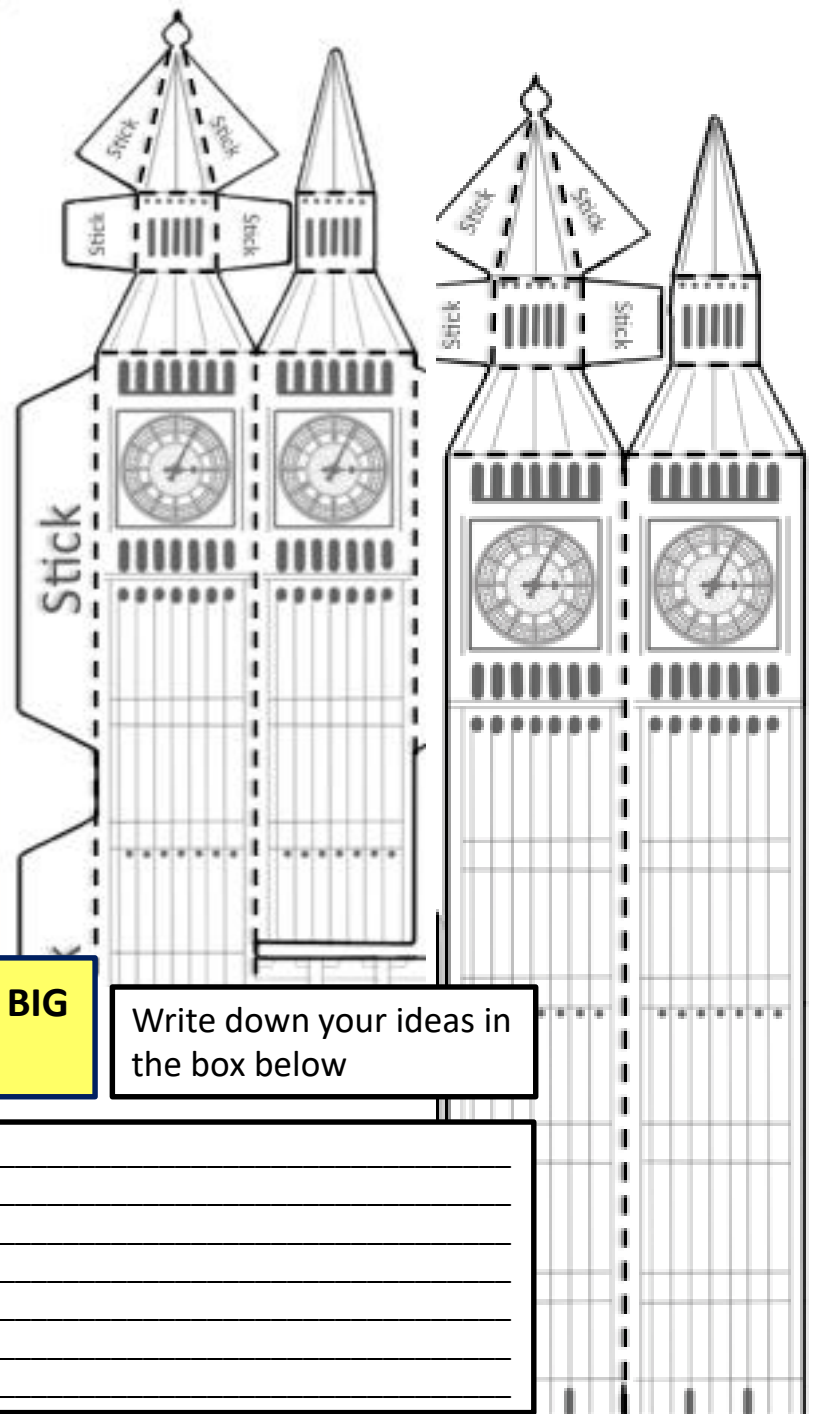
DESIGN THE ROOF AND INSIDE

Write down your ideas in the box below



DESIGN BIG BEN

Write down your ideas in the box below



Build Big Ben

Design Ideas

Colour in the tower with a focus on **British Values and Multiculturalism**

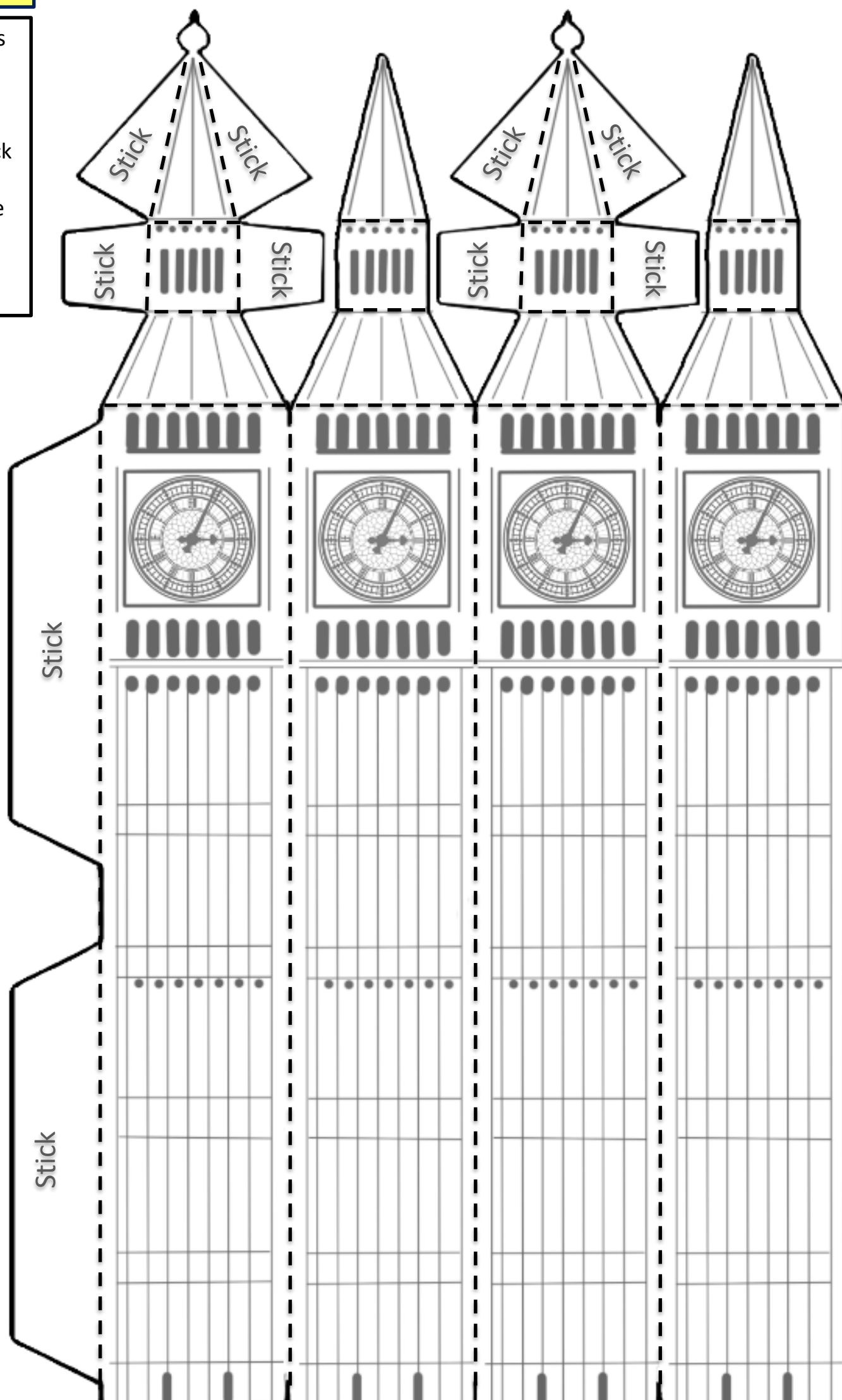
Carefully cut around the whole building following the solid black line.

Fold carefully across each of the dotted lines.

Use a small amount of glue on each of the stick tabs.

DID YOU KNOW ?

This tower of the Houses of Parliament is actually called the Elizabeth Tower. Big Ben is the name of the largest bell inside the tower.



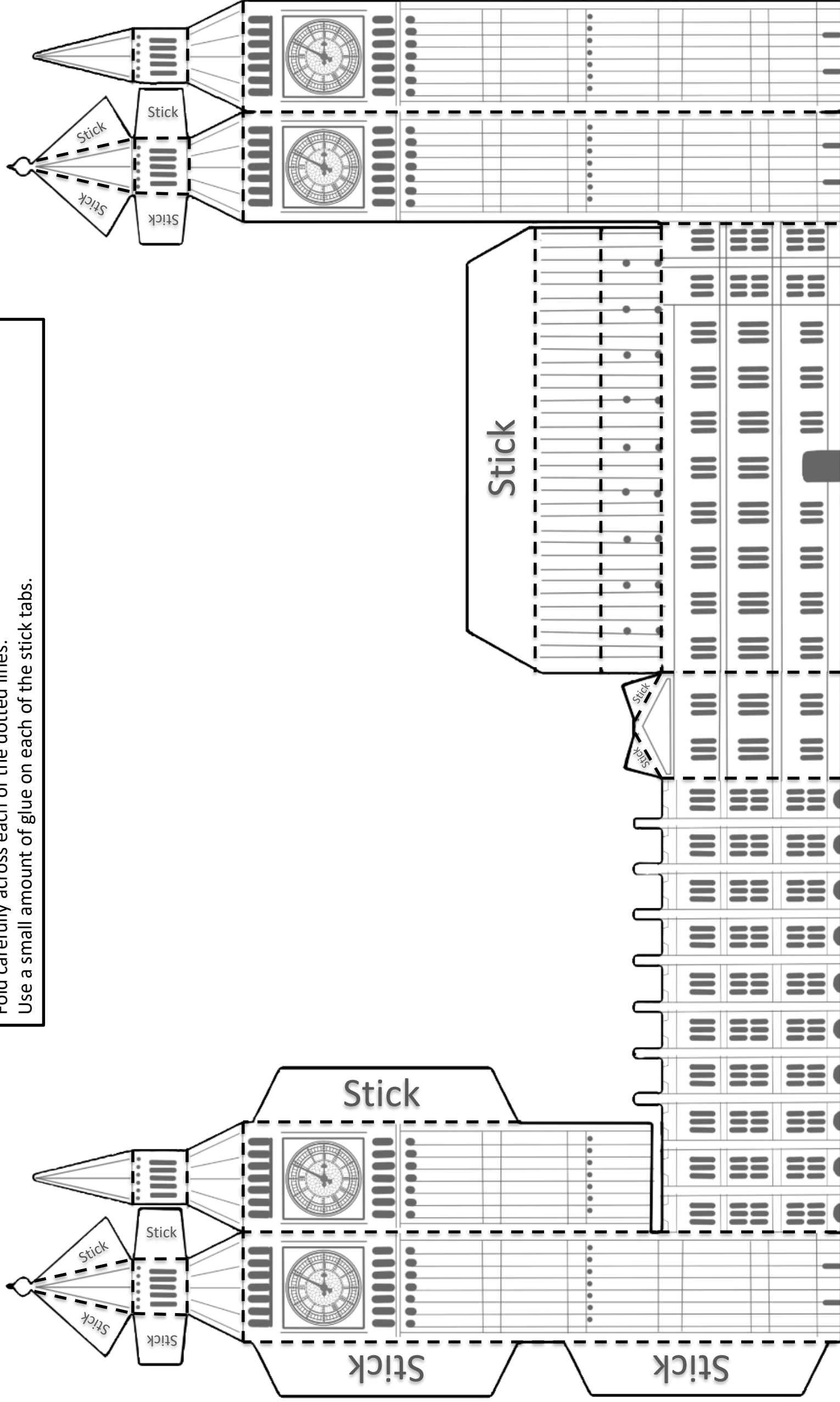
Build the Houses of Parliament

Colour in the Houses of Parliament with a focus on **British Values and multiculturalism**.

Carefully cut around the whole building following the solid black line.

Fold carefully across each of the dotted lines.

Use a small amount of glue on each of the stick tabs.



Start a successful campaign

✓ Create a high impact, relevant and informative campaign on the following issue:

ENCOURAGING STUDENTS TO READ MORE BOOKS AT HOME

ACTIVITIES

You must create the following:

1. A Logo
2. One Slogan and Four Hashtags
3. Campaign Placard
4. Mobile Phone Ad Campaign
5. Mind Map of Campaign Strategies
6. List of all the Influential People you Could Contact to Support your Campaign

1

CRE8

5

4

3

2

6

CRE8

“-----

-----”

#-----
#-----
#-----
#--.------



“Being kind is more important than being rich”

Argument For	Arguments Against
Your personal opinion :	



“The most important skill in life is to be able to use a computer / Internet”

Arguments For	Arguments Against
Your personal opinion :	



“Reading is boring when compared to computer games”

Arguments For	Arguments Against
Your personal opinion :	



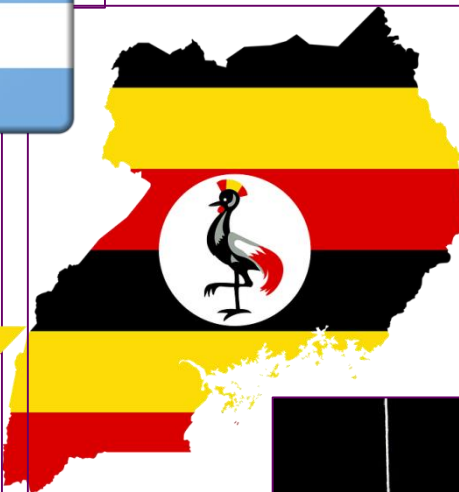
Bananas
Fruits
Rice
Tea

Coffee
Honey
Nuts



Vegetables
Quinoa
Cocoa
Cotton

Oranges
Spices
Wine
Sugar



Design A Supermarket Fairtrade Delivery Van

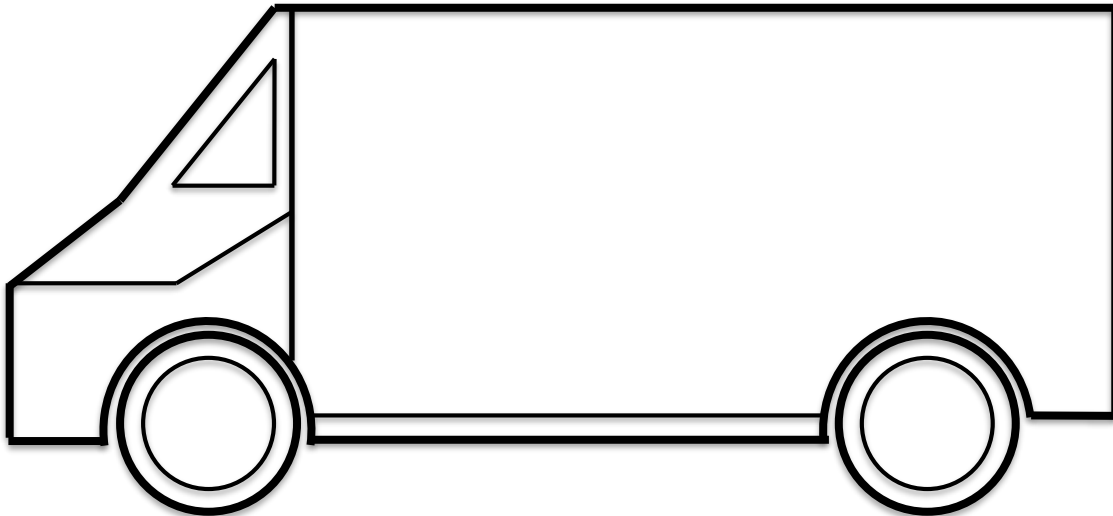
Design Ideas

Sketch out your ideas

1. Create several ideas
2. Make sure it follows the values and ethos of FAIRTRADE
3. Use colours, words and symbols to express those values

Starting Points

FREEDOM & PROSPERITY & FAIRNESS
ENVIRONMENTAL PROTECTION / CLIMATE CHANGE
IMPROVING STANDARDS OF LIVING
ETHICALLY SOURCED & SUSTAINABLE
EQUALITY FOR ALL

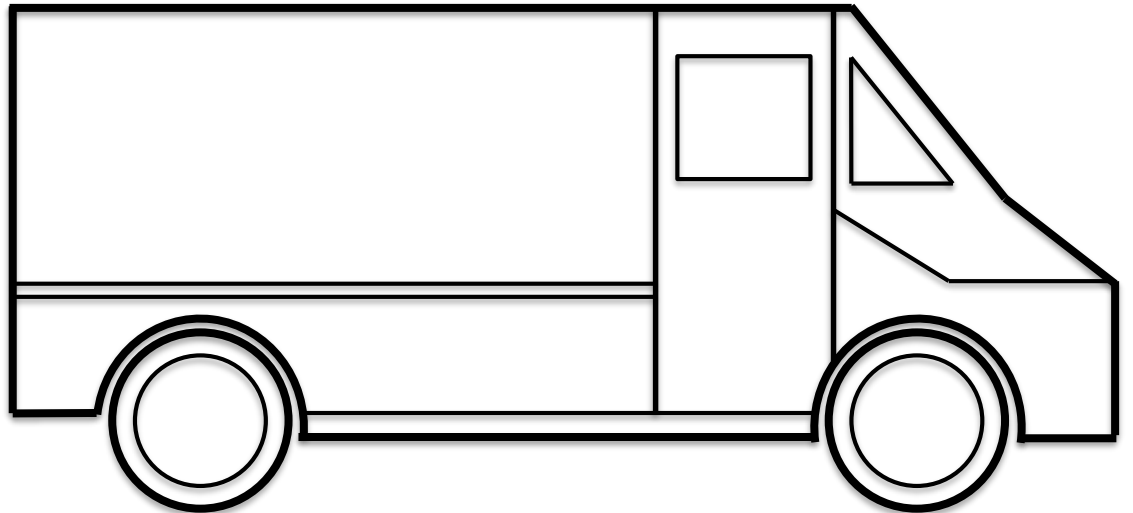


DESIGN LEFT

Write down your ideas in the box below

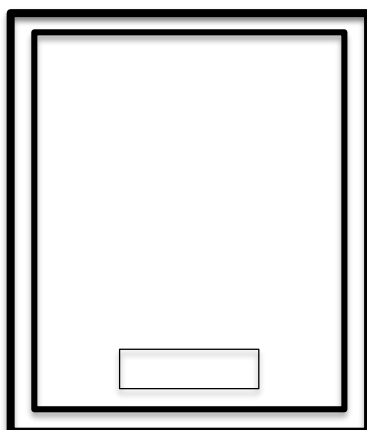
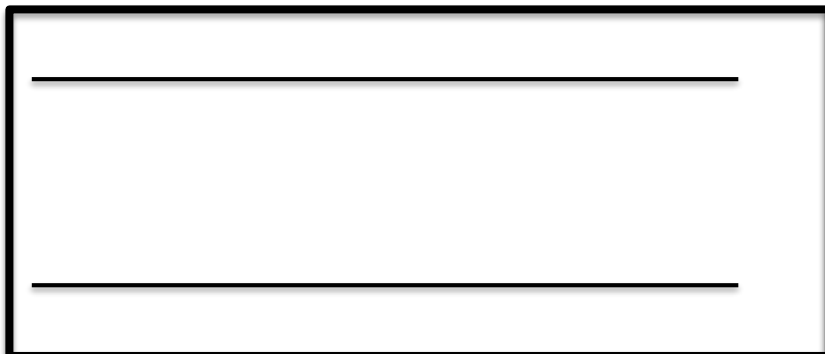
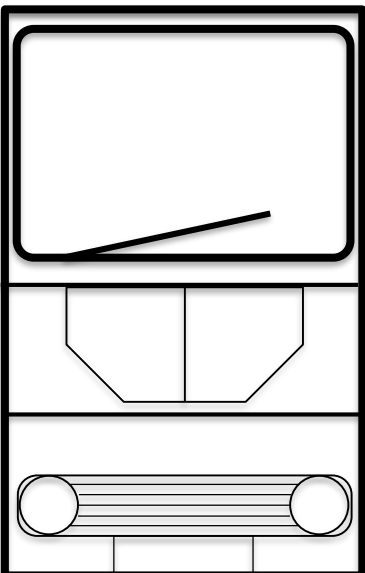
DESIGN RIGHT

Write down your ideas in the box below



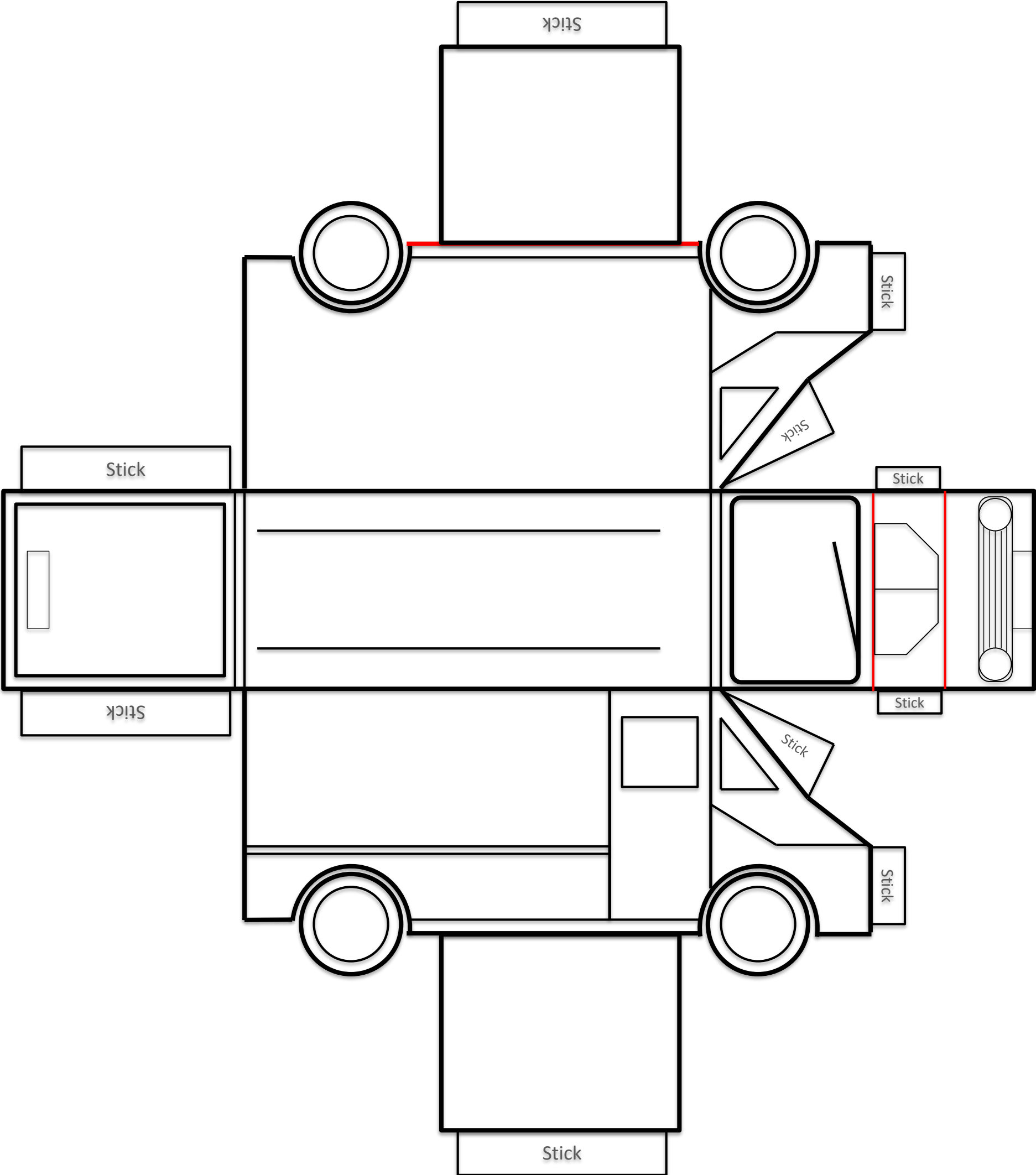
DESIGN ROOF, FRONT AND BACK

Write down your ideas in the box below



Final Designs

Use your ideas to create your final Supermarket Fairtrade Delivery Vehicle.
Cut it out carefully and don't use too much glue



NEWS REPORTER

Pick an event in the news that is not the Coronavirus . Write a newspaper article about it and find a picture that fits in with the news paper article you are creating.

Headline:

Subtitle:

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings on the paper.

Picture:

Picture:

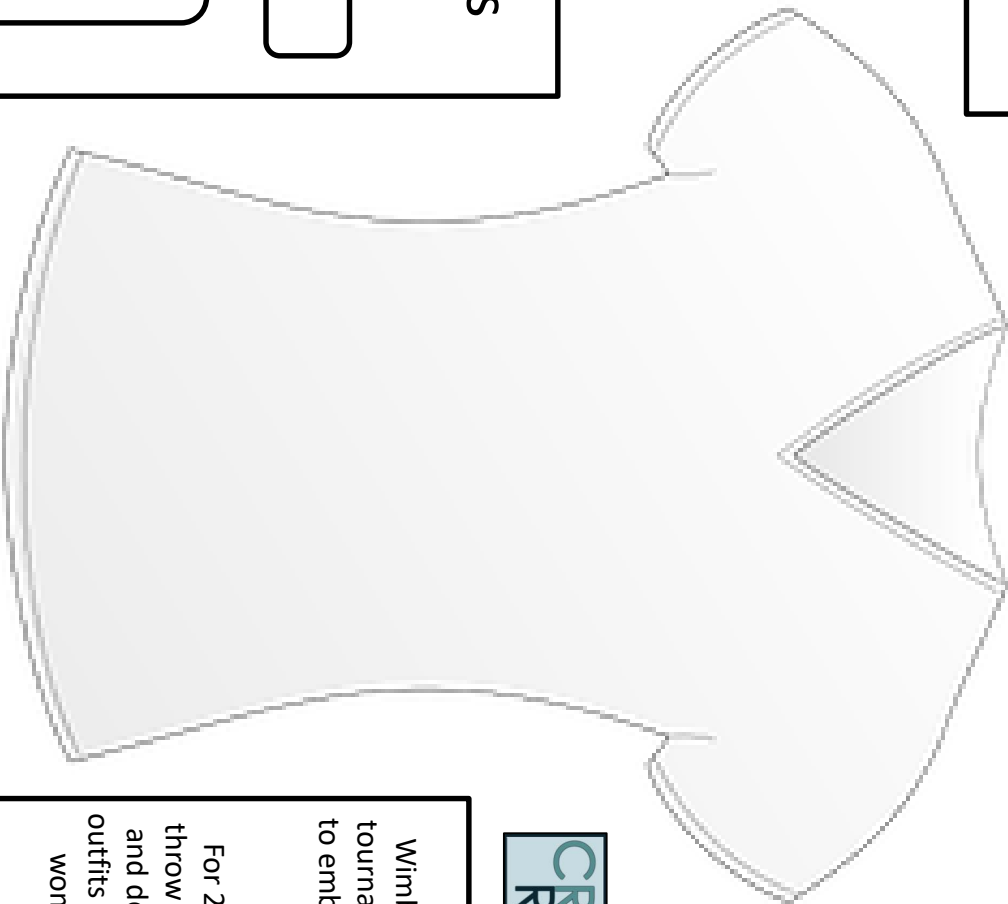
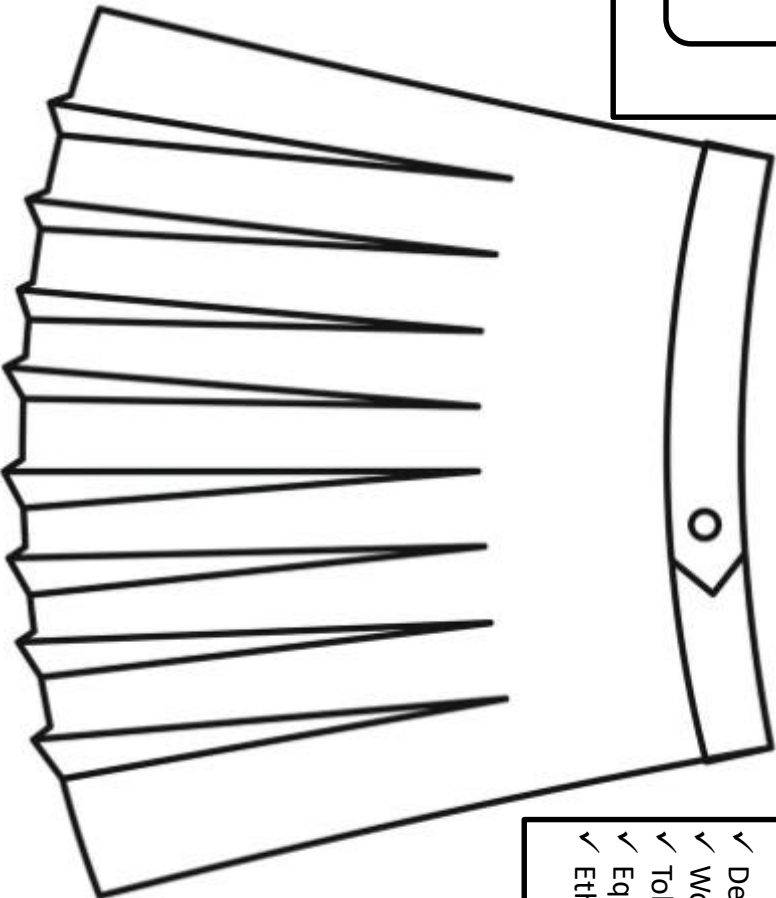
Adverts:		
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Written by:

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings on the paper.

COMMEMORATIVE
OUTFIT

Sweatbands

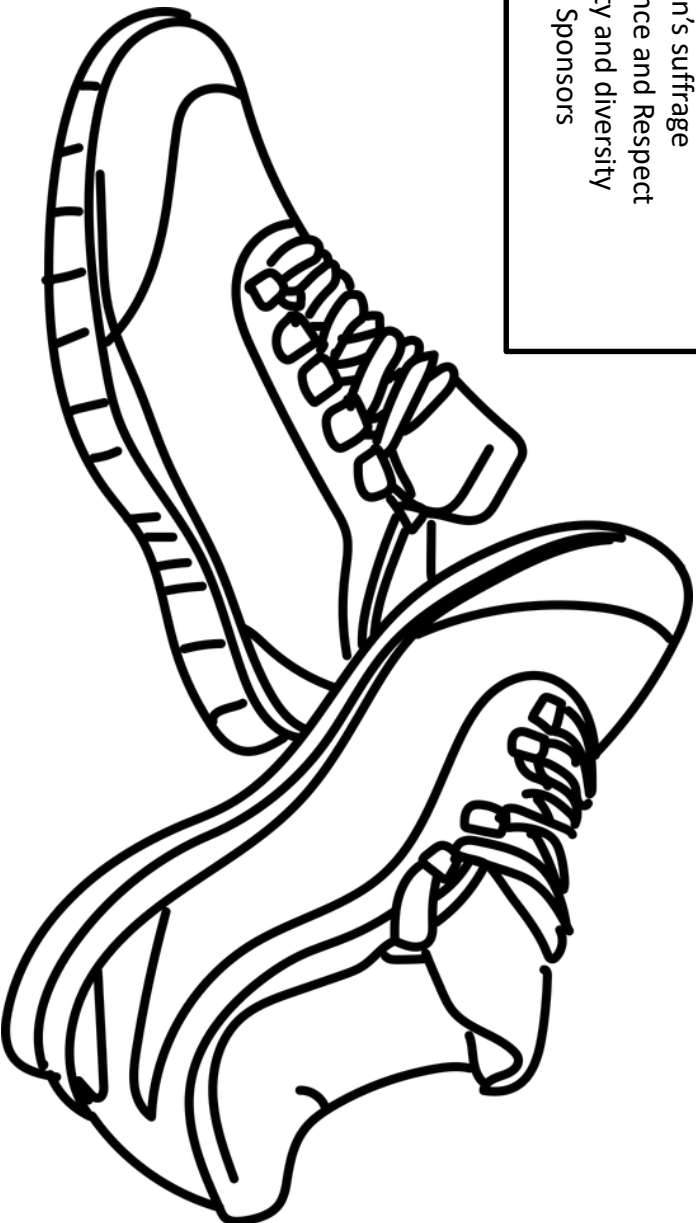
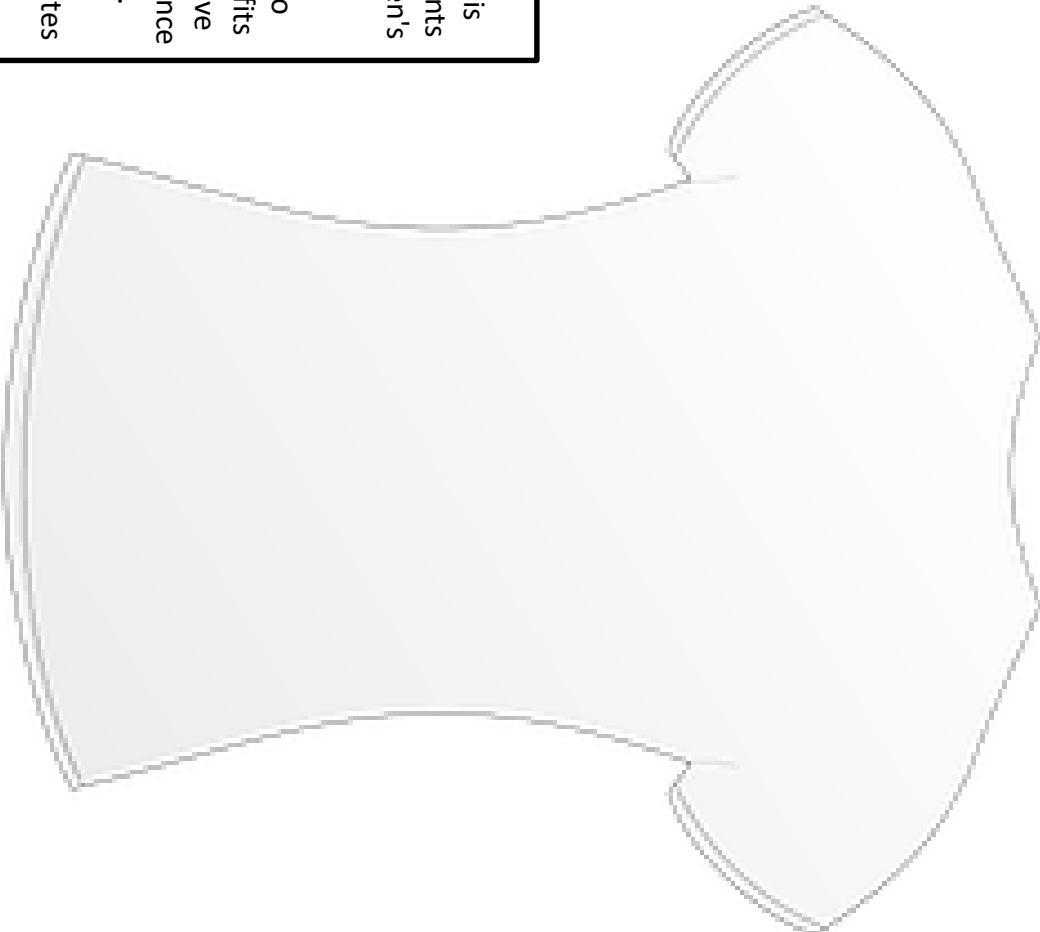


Wimbledon is the oldest tennis tournament in the world. It wants to embody the notion of women's rights

For 2020 Wimbledon wants to throw away its plain white outfits and design new commemorative outfits to celebrate 100 years since women got the right to vote.

Design a new outfit that promotes the following:

- ✓ Democracy
- ✓ Women's suffrage
- ✓ Tolerance and Respect
- ✓ Equality and diversity
- ✓ Ethical Sponsors



Time Line

2018

Stick or copy
here

DATE

Stick or copy
here

DATE

Stick or copy
here

DATE

Stick or copy
here

DATE

Stick or copy
here

DATE

Stick or copy
here

DATE

Stick or copy
here

DATE

Stick or copy
here

DATE

1200

Place the boxes below onto
the time line in the order you
think is correct. Once checked
stick them on



The Bill of Rights sets
the terms for
elections, free speech
and the rights of the
people

Magna Carta is
signed by King
John. This ensures
no one is above
the law

Representation Act
lowers the voting
age from 21 to 18
for both men and
women

Equal Franchise Act
passed by
Parliament,
granting equal
voting rights to
men and women

Representation of
the People Act is
passed and it
allows some
women over 30
the right to vote

Voting in secret is
introduced

Scotland allows
sixteen year olds
the right to vote in
the independence
referendum

Women are
allowed to become
members members
of the House of
Lords

1215

1918

1689

1928

1969

2016

1872

1958

EXTENSION
ACTIVITY

TASK:

Why did Scotland lower the voting age from 18 to 16? Should the rest of the UK follow this example?

Explain how you think Parliament might change in the future. What changes do you think the public want to see?