



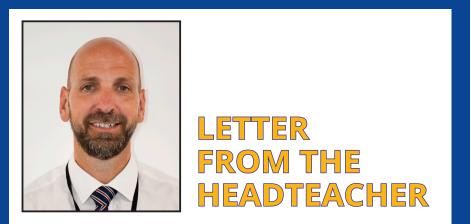
In this issue: Praise Points • Student of the Month • Anti-Bullying Week • Trips & Visits • Class Charts

ASPIRATION • AMBITION • ACHIEVEMENT



WE FORGE

I FST



Dear Parents, Carers and Students

Welcome to the second edition of our online College magazine, The Helstonian. This month's edition is a mix of news stories and a celebration of students' achievements. I hope you enjoy it.

Obviously, November is always a time for reflection and remembering those who gave their lives fighting for our freedom. It was an honour for me to take part in my first Helston Remembrance Parade with some of our students. I was deeply inspired by the turnout and seeing so many young people lining the streets or being part of the parade - it was a true community event and a memorable morning. In College, we also shared our respect observing two minutes' silence with 'The Last Post' being played so poignantly across the three sites by five of our talented students - a big thank you and well done to Alex Parry, Miriam McDonagh, Emily Squibb, Ella Taylor and Lilia Parry.

November also saw a visit from Ofsted, following up from their shorter inspection this time last year. As mentioned to you in my email dated 8 November, we received some really positive feedback and we now eagerly await the publication of their report, hopefully next week. We will ensure you are a sent a copy as soon as we receive it. Thank you to all the parents/carers who took time to complete the Ofsted parent survey to help the inspectors form their judgement.

We are now into early December and thoughts of Christmas are all around us. As wonderful as Christmas can be, it can be a very difficult time for some; so this year we have introduced a 12 Days of Christmas programme to help promote kindness and to inject a little bit of fun during the last two weeks of term. The programme includes daily acts of kindness and suggestions for Foodbank donations. If you are in a position to support the Foodbank with donations listed on the programme or an appropriate alternative, we would be extremely grateful. For more information, the full programme can be found at the very end of the magazine and on our website.

Thank you again for your on-going support.

Yours,

Alex Lingard

Headteacher

INFORMATION & UPDATES



There are two important jobs we need parents/carers to complete if you have not already. The first is to complete the online data form to update individual details about your child(ren), and the second is to download the Class Charts app so you are able to access your child(ren)'s homework and behaviour record. The vast majority of parents/carers have done both of these, but there are still a number yet to do so. You will have received individual emails over the last few weeks if this is you. Thank you for your support.

Please note that on the last day of term, due to the P16 pantomime performance we are unable to open the South Site canteen at breaktime. Students will be able to access a small selection of snacks from a classroom but will need to use cash to buy any items. The North Site canteen will be open as usual, which can be used by everyone if they require more than a snack.

Praise Points

Although a little overdue, we will be awarding students with their Praise Point Bronze, Silver and Gold Awards after Christmas. We look forward to celebrating with students and seeing if anyone is able to achieve the Platinum or even Diamond Awards by the end of the academic year. The awards are as follows:

- Bronze Award 50 PP Bronze Award postcard sent home
- Silver Award 100 PP Silver Award postcard sent home
- Gold Award 150 PP Gold Award postcard sent home Gold badge awarded in assembly
- Platinum Award 200 PP Platinum certificate awarded Platinum badge awarded in assembly Letter sent home from the Headteacher
- Diamond Award 300 PP Diamond certificate awarded Diamond badge awarded in assembly Trophy presented in assembly Letter sent home from the

Headteacher

Army Careers - Enterprise and Marketing

The College is always looking at ways to support our students' development of key skills and careers awareness which includes visits from a number of employers across a range of sectors. On Thursday 3 November, Years 10 and 11 Enterprise and Marketing students (led by their teacher Mrs Cavender) took part in a 'Dragon's Den' style activity delivered by the Army.

This event included a presentation on the support side job opportunities available in the Army, as well as a practical activity which involved students building a product they believe the Army would use.

During the build, the team needed to work together and think about a number of factors including the cost of their product, the impact it would have, and how they were going to pitch it. The students, whilst some a little nervous about presenting their ideas, thoroughly got involved and made the most of the activity, bringing their practical and creative skills together to deliver some interesting ideas. Their product ideas ranged from an electric scooter, to a multi-use catapult, to a cargo transporter! Well done to all those involved.



ASSESSMENTS, PROGRESS REPORTS & PARENTS' EVENINGS

- Well done to all the students who have undertaken assessments this half term.
- Progress Reports for Year 10 will be published next week ahead of the Parent-Teacher Consultation Evening on Wednesday 7 December.
- Progress Reports for Years 7, 9 and 11 will be sent out after the Christmas break, each followed by a Parent-Teacher Consultation evening.
- Year 8 assessments will be completed between 5 20 January.

ABSENCE – Important Notices for Parents and Carers

If your child is absent from College, please can you call the College every day of their absence before 9.15am. Please leave a message detailing why specifically they are unable to attend. Please can we also ask you to let us know of any medical/orthodontist appointments in advance. This helps save us making unnecessary phone calls home.

Please note: If your child is absent from school without authorisation, you will be committing an offence under the Education Act 1996. We may submit a request to Cornwall Council for a Penalty Notice to be issued, in accordance with Sections 444A and 444B of the said Act. Penalty Notices are issued per liable parent/carer, per child and each carry a fine of £60 if paid within 21 days or £120 if paid after this but within 28 days. Failure to pay the Penalty Notice may result in legal action. Absence not authorised by the College may result in a prosecution in the Magistrates' Court under Section 444(1) or Section 444(1A) of the Education Act 1996, leading to a fine of up to £2,500 and/or a custodial sentence. Cornwall Council may also apply for the costs incurred in taking the matter to Court.

YEAR 10 FOOTBALL

It was an away day for the U16 girls recently who travelled to Mounts Bay in the County Cup. After a slow start, Helston found themselves 1 goal down in the first 5 minutes but quickly worked the rust out of their systems after a summer off and got to work on getting back into the game.

The players worked well as a team and after some fantastic passing moves and clinical finishing we went into the break 2-1 up.

Mother Nature then decided to add another factor to the game with what can only be described as Noah and the Ark flood-like weather - this didn't deter the players however who persevered and played brilliant football despite the conditions. The Helston goal withstood not only the wind and rain, but a bombardment of shots



from the opposition but thanks to our keeper, it remained 2-1. The match went back and forth until finally Helston surged through the opposition's defence to put the game to bed: 3-1.

POTM: Each and every player: not many teams would have continued to show the spirit and mentality they all did once the heavens opened.

On to the next round! Coach Lovelock

FALMOUTH UNIVERSITY TRIP

On Tuesday 8 – Friday 11 November, Year 9 and 11 joined Helston Community College staff on a trip to see the facilities at Falmouth University Campus, Penryn. Students had an opportunity to see a range of the departments at the University, including Games Design, Photography, Art, Fine Art and

Advertising.

Students experienced what it was like to be in a lecture and have lunch in the student restaurant. Falmouth University also spoke to all students about future pathways and student finance.

It was a great day and the students were well engaged, asking lots of well thought out questions.



THE PENNY DREADFUL WRITING COMPETITION



Well done to the winners of 'The Penny Dreadful Writing' Competition!

The overall winner was Beibhinn Dunn 7H. Runners up were: Jen Fooks 7H Amy Johns 7H MB 8F MB 11E



CONGRATULATIONS KIAN! Kian Heyes 7A competed at the ISKA British Championships recently. He came away with two titles!! He is now under 40kg British Champion and under 50kg British Champion in points fighting. We are very proud of his achievements.



YEAR 7 CRYSTAL GROWING

A couple of weeks ago, 7F, were growing crystals of salt (copper sulphate), and seeing how different rates of evaporation would affect salt growth. The students left their petri dishes in two locations; one in full sunlight and the other in a shady corner with the intention of seeing slightly bigger crystals from the shady corner (slower evaporation should yield bigger crystals). Although our results did not confirm our predictions, everyone really enjoyed growing their own crystals.







RJ WORKING CROWDFUNDER Young Voices for a Better Future



Climate Action Cornwall

It's young peoples future – let's hear from them!

Let's support them to take action and achieve positive changes.

This project will see thousands of Cornwall's young people consulted about what the climate means to them, their family, friends and communities.

Already young people are saying what they think, sharing their ideas, talking about what matters most to them about the climate and the actions they want to see. We want to ensure this opportunity reaches everyone aged 11-18 across Cornwall.

The aim is to reach 20,000 young people across Cornwall, with over 40 eco-groups taking action and creating changes such as:

moving their school to renewable energy, learning about reduced costs & efficiency

promoting low carbon choices and reducing emissions learning to grow food in their school grounds, taking skills & food home to share repurposing materials in new and creative ways developing community resilience and flexible strength for the future

RJ Working is supporting this massive consultation and call to action and crucially we plan to resource the young people to turn their thoughts, ideas and feelings into action, supporting them to influence and drive change in their communities.

We are looking for your financial support to make this happen. Already 2,000 young people from across Redruth, Helston and Penzance are engaged in this project, with eco-groups recently started. Young people's love of nature is inspiring them and giving them hope; we are hoping your own love of nature will lead you to support this project. We will be thanking you for your donations with nature-inspired artworks and other rewards.

Please visit our online gallery to see the different artworks available and select which piece you would like from the rewards listed.

https://rjworking.co.uk/rj-working-crowdfunder-gallery/

MOCK INTERVIEWS

On Wednesday 23 November, Year 11 students were offered the opportunity to take part in mock interviews with local employers. We had 33 businesses that helped



support this event, conducting 112 interviews throughout the evening. Employers were very impressed with how the students conducted themselves during these interviews.

Some comments from the employers can be seen below:

Your students were all very well prepared and many of them had clear goals that they wanted to achieve, which is amazing to see. I look forward to working with you and your students in the future.'

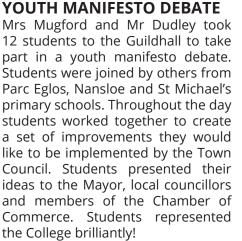
'The students I met were of a very high standard, were polite, fully engaged and all did a brilliant job.'

'It was lovely to participate in the mock interviews this afternoon. Thank you. The four students I had interviewed conducted themselves incredibly well. Very keen and motivated. I'd employ them!'





















On Wednesday 29 November, Mrs Mugford, Miss Stringer and the Anti-Bullying Team took part in official, accredited training from The Diana Award. As a College we hosted the event for 8 other Cornish secondary schools. Students took part in a range of activities to gain knowledge and understanding of types of bullying behaviour and how to tackle these. These students are now official Anti-Bullying Ambassadors. **The BBC Spotlight broadcast covered**

this event!

ANTI-BULLYING WEEK

14 - 18 NOVEMBER 2022



As part of 'Anti-Bullying Week' the College has held many activities and events to raise awareness of Anti-Bullying. On Monday, we held our first ever Odd Sock Day which was to celebrate what makes everyone unique. All the students really enjoyed themselves and got really creative! Then on the Tuesday we held a Community Awareness Session where parents/ carers were invited into the College to learn about different types of bullying, the support available both inside and outside of College. They also met some of our Anti-Bullying Ambassadors. The event proved really useful, and we can not wait to do another session in the near future. We also held assemblies for all year groups across the week led by our Year 13 students Sadie and Adam.

In these assemblies, they covered what is bullying, the different types of bullying, how to reach out, and also what we are doing for Anti-Bullying Week. We had a variety of tutor time activities, from a teacher awareness video, to looking at different bullying scenarios and discussions around these. We also launched our new student support room where students at lunchtimes can go and speak to a member of the Anti-Bullying Ambassadors team for support and guidance. Kindness Tokens were given out by the Ambassadors when they saw a student being polite, kind or positive which then accumulated into a Praise Point. Lunchtime activities also took place every day where students had the opportunity to get involved with: Kindness Rocks, Reaching Out Hands and Pledge Shields. We will be continuing to do these activities every lunchtime in the Anti-Bullying Room (Meeting Room 1 on South Site).

Anti-Bullying & Kindness Ambassadors Team Lead Adam said, "I am really proud of what we have achieved so far, and we are starting to make a difference within the College and the community. The team has done a brilliant job this week and should all be really proud of themselves for how much work and commitment they have put into their roles."

The Anti-Bullying Team





KS3 DRAMA

In Drama lessons this term, KS3 students have been watching, analysing and evaluating recorded professional performances of Romeo and Juliet, Peter Pan and Treasure Island from the Royal Shakespeare Company and the National Theatre. Not only have the students considered the acting but they have also been introduced to the wide variety of career pathways in theatre – costume, set, sound and lighting design along with directing and producing. Often we focus on the actors but there is so much going on in the background to bring these wonderful productions to life.

HELSTONIAN COMMUNIT

JOHN ENGLISH - HEAD BOY 1973

We were privileged to share the proud moment when John set eyes upon the honours board for the first time - some 47 years after it would have appeared on the Helston School Board.

"I was so surprised and honoured when asked to become Head Boy back in 1973 and it was even better to know that Fritha and I were the first Porthleven pairing of Head Boy and Head Girl of the new Comprehensive School. We were so used to the smaller Grammar School environment with the classic old style building with strict uniform regimes - so moving into the

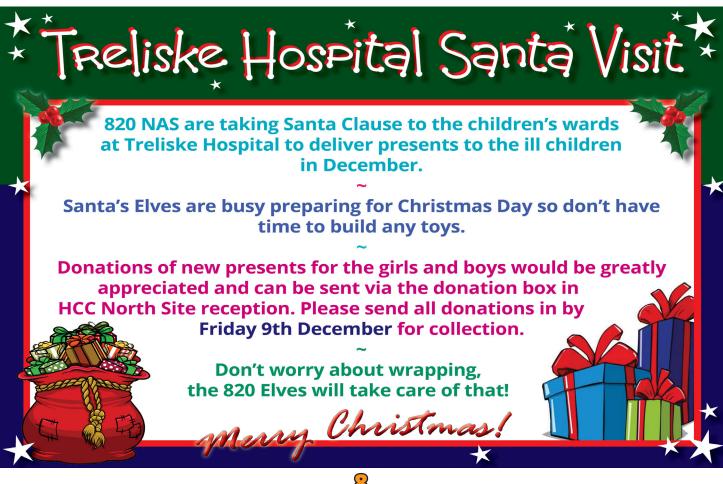
new Sixth Year surroundings was a more relaxed atmosphere. The things I remember most about the role was -

- Being asked to make the opening speech at the school open day and prize giving and being in the spotlight in front of such a "large" audience of parents/carers and dignitaries, this certainly helped me later on in my career as a university senior lecturer.
- Fritha and I were invited to the Mayor's Flora Day lunch where we were easily the youngest present. We had never seen so much cutlery at the dinner table before, but thankfully a very kind guest discreetly helped us work out what was needed for which course.

Being the day by day contact point for

all of the prefects when they were not sure how to deal with situations with students during the school day." John English



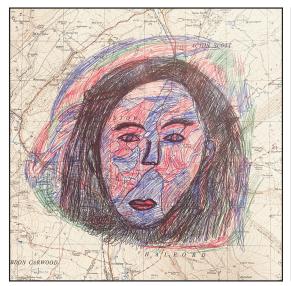


ACES IN MAPS





Heidi Tonkin - 10B



Chloe Collick - 10D

LS - 10F

AS - 10G

Here is a selection of some of the fantastic student artwork this term from Years 7-10:

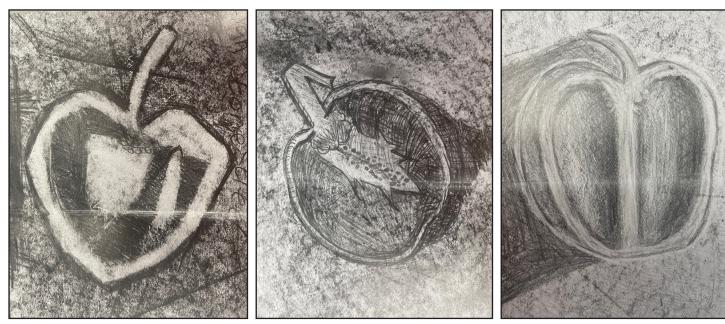
The Year 7 examples are from a homework where they were asked to produce an interesting photo containing shadows, as an extension task to their classwork where they have learned how to use tone when drawing.

The Year 8s have been developing ink illustrations of one of the many weird and wonderful creatures from the Lewis Carroll poem Jabberwocky. Their lovely work is inspired by the illustrations of Alice In Wonderland by Salvador Dali.

The Year 9s Fine Art students began the year exploring the drawing of natural forms and here are some of their extremely well observed pepper drawings.

The Year 10 artists have been looking at the intense biro drawings of Mark Powell, and producing these wonderful drawings in response, as part of their Fine Art coursework. Mx S-J Marsden.

OBSERVATIONAL PEPPER DRAWING



Evan Stonestreet - 9C

Jess C - 9A

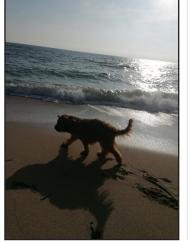
Jesssica Marrison - 9B

SHADOW PHOTOGRAPHY









Harry L - 7C



Jowan Williams - 7C



erwocky by Lewis Carrol

The Bandersnatch

Stanley Farrant 8G





Gabriel Phillips 8F



Elsie Rogers 8F







Jennifer Fooks - 7H



Olivia Shelverton - 7G





Harvey Taylor 8F

MUSIC



Christmas Concert

Thursday 08 December 2022 6.30pm – 8.00pm South Site Hall Tickets £5 available via Parent Pay from Tuesday 22 November Free entry for children under 18 Mulled wine and mince pies will be served



Praise Points



	1
	60
	200
ľ	17
-	

Pear 7

Liv S	7G	114
Elodie H	7G	100
Dylan R-R	7D	98
Jonah F	7G	97
Elsie E	7E	95
Tehya P	7F	95
Jen F	7H	93
Ashley M	7G	93
Finley W-H	7E	92
Рорру F	7G	91

2	Per	ar 10)
	Imogen S	10B	113
2	Zac G	10A	94
10	Jack W	10A	90
	Amina B	10F	86
	Amelia H	10B	85
	Phoebe J	10D	85
	Annie H	10E	84
	Emily P	10D	83
	Chloe D	10G	82
	Luke P	10F	79



मुरस	r 8	
Lily B	8G	117
Benjamin N	8C	117
Charlotte H	8G	114
Adam H	8G	113
Charlie F-T	8C	111
James B	8C	101
Daisy G	8H	100
Piran I	8G	100
Will R	8C	100
Lydia S	8E	99



Per	ar 1	1
Fenella J	11B	112
Lily H	11D	93
Susannah M	11F	92
Liv B	11F	88
Sam P	11B	86
Alina P	11A	79
Thomas H	11C	75
Maddie C	11A	73
Alex G	11C	72
Tansy R	11C	72



Pean		2
Katie C	P9	17
Zara T	P3	17
Paige W	P3	15
Emily S	P8	14
Madeleine S	P3	13
Charlotte B	P3	12
Alia B	P9	11
Charlotte G	P9	11







Ella Marquis	P1	22
Alex Penberthy	P1	19
Elowen Hatfield	P8	17
Avery Szygenda	P2	17
Sam Trubshaw	P1	14
George Grant	P3	12
Gwen Hutchins	P5	12
Sadie Shaw	P8	12

Year 7

Jen Fooks



This is the second time in a row Jen has been nominated for Student of the Month. This time she was nominated by her tutor, Mx Marsden, for leading tutor group activities brilliantly. Jen has 0 Behaviour Points and masses of Praise Points - what a great start to secondary school. Well done Jen! S-J Marsden

Emily Groombridge



Emily was nominated twice last month and has been nominated again this month, this time by her Art teacher for working so hard in Creative Graphics and creating such a wonderful sketchbook. Emily has accrued 0 Behaviour Points, almost 80 Praise Points and hasn't missed a day of school so far in Year 10! G Bloor



Year 8

Kateryna K

Since the start of the year Kateryna has always given 100% and produced a consistently high standard of work despite English not being her first language. Although her close friend returned to Ukraine, she has has not let this prevent her from doing her best in every lesson.

With 0 Behaviour Points and a perfect attendance, Kateryna is a great role model.

E Creaser



Cody was nominated not only for his fantastic engagement in Science lessons, but also for providing support to other students in the Science support sessions after College. With great attendance, 0 Behaviour Points and loads of Praise Points Cody has made a great start to Year 11. L Davies







Chloe was nominated by her Maths teacher for her outstanding achieviement in her autumn Maths assessment - scoring 100%!! She also has accumulated lots of Praise Points, achieved 0 Behaviour Points and has a great attendance - well done Chloe! I Lovelock





13

Adam Beall Sadie Shaw

For all their work setting up the Anti-Bullying Team at the College and for delivering high quality events during 'Anti-Bullying Week.'

M Mugford

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NT OF THE MONTH Nomination * ×

— , ,		_		
Finley	L	7	For his positivitiy in every lesson and always trying his best.	M Taylor
Jonah	F	7	For his great enthusiasm and participation in lessons.	S Morbey
Elodie	Н	7	For having such great focus in Food Technology demonstration lessons.	C Smith
John	С	7	Superb delivery of Act 1 Scene 1 of 'Romeo and Juliet' and then kindly stepped in to	
			support another group who were a character short for their performance of the scene.	
				S Richardson
Millie	В	7	For working incredibly hard in Read Write Ink to improve her reading and the clarity of her	
				E McFadden
BC		7	For working incredibly hard in Read Write Ink to improve her reading and the clarity of her	
			she has come so far since her first session.	E McFadden
Isabel	G	7	Outstanding classwork, immaculately presented and inspiring others to work hard.	J Bryce
Charlie	М	8	For his increased independence in English and for his confidence to share his super ideas	
			in front of the class.	C Bloor
India	J	8	For working incredibly hard this term & creating absolutely fabulous art work!	E Freeston
Will	R	8	For always listening carefully to instructions and for taking pride in the work he completes.	P Eastman
Kenzie	В	8	For her excellent behaviour towards learning and for responding positively to feedback.	P Eastman
B J-R		8	For always being helpful and kind. And for her artistic contribution in the library.	S Ford
Aulay	М	8	Excellent commitment and great contributions to English lessons	D Gillman
Lucy	R-M	8	For her great enthusiasm and participation in lessons.	C Smith
Benjami		8	Outstanding contributions to class discussion.	L Allsey
Lilia	Р	8	Independent and confident practical food sessions resulting in delicious outcomes.	K Dolan
Aiden	М	8		T Richardson
Adam	Н	8	Consistently putting his best effort into his work in Geography classes and excellent	
			contributions to class discussions.	J Bryce
Hayden	W	9	For the fantastic engagement and effort he is putting into his science lessons these pass	
			few weeks. Well done!	S Mullins
Daisy	F	9	For her fantastic effort in her Python assessment, very well done.	A Birkett
Rosie	Н	9	For achieving impressive marks on the recent reading and writing tests.	A Graham
Harvey	М	9	For his incredible selflessness when helping others in practical lessons.	C Smith
Jasmin	W	9	For producing excellent writing in Spanish and for committing to an extra-curricular	
			language challenge.	A Graham
Annabel			For being very hard working and very well prepared for a recent test.	J Hitchcock
Imogen	S	10	For achieving great marks in her assessment and continuing to work at home despite	
	-		being ill!	S Morbey
Lola	G		For a great start to GCSE English Literature and an excellent result on the first assessment.	D Gillman
LP		10	For her superb preparation & great performance in her actual exam.	P Swayne
Kaitlyn	W	10	For her great dedication to her written work and practical lessons.	C Smith
Kaiden	S	10	For achieving the highest Health and Safety mark in class!	N Philpott
Elijah	S	10	00	s-Macdonald
Katie	С	10	For outstanding sketchbook presentation and hard work both in College and for homewor	
				S-J Marsden
Annie	Н	10	For always working hard in Science and tryng her best at everything, resulting in her	
			achieving the highest score in her recent checkpoint assessment.	M Taylor
Trinity	М	10	For always having a smile on her face, for working so hard and contributing so well to her	
			hair and beauty lessons	C O'Hare
Erin	A		For her consistent effort in GCSE History. Always gives her best. Thank you!	K Trevithick
Taylor	W-R	10	For showing a really conscientious approach to her Year 10 Autumn Assessment and	5.6
			producing a high standard of work as a result.	E Stevenson

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YEAR 7

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YEAR 8

YEAR 9

YEAR 10



Fenella	J	11	For her continued hard work and perseverance in Maths - for always putting in maximum	
			effort with a positive attitude.	H Westaway
	G		For her continued hard work focus and dedication to her studies in Health and Social Care.	H Parkinsor
	А		For always rising to the challenge when faced with difficult problems to solve.	P Eastmar
Seb	R		For his outstanding homework record and dedication towards his studies.	P Eastmar
Martin	В	11	For his determination and resilience in order to achieve 100% on every MathsWatch quiz.	P Eastmar
Honey	В	11	For her excellent work in Science lessons.	J Hitchcocl
Susannał	١M٢	11	For her excellent classwork and homework; thoughtful contributions to lessons.	D Gillmar
Ned	Р	11	For being so kind and supportive of others on the Iceland trip	K Ryaı
Cody	W	11	For his great progress in his NEA1 work - good job!	C Smitl
Charlie	G	11	For being best in class for his mock preparation and giving such detailed answers.	N Philpot
Naomi	S	11	For consistent and focused work throughout all of the lessons, and for her wonderful painting.	S-J Marsdei
Susannał	лМг	11	For fantastic sketchbook presentation and for working extremely hard at all times.	S-J Marsde
Beth	R	11	For working incredibily hard in Biology.	J Alle
Lily	Н		For working incredibily hard in Biology.	J Alle
	G		For consistently working hard and for the progress she has made with her long answer	2
			exam questions	L Allse
Bethany	F	11	For her great work and effort in GCSE History.	K Trevithic
-	W	11	For his outstanding result in the Forces assessment and for his consistently excellent classworl	K. N Bisphar
, Olivia	G		Olivia supported me on tours around the school for prospective children and their parents/ca	
			Olivia was confident and knowledgable, ready and able to answer questions from parents.	
			Olilvia was an excellent Ambassador for the College.	P Carpente
Caiden	L	11	For his consistent effort and commitment to Engineering Design coursework.	
				K Dola
Isabelle	G		For her incredible performance of Mozart's Clarinet Concerto at Truro Methodist Church,	K Dola
Isabelle	G		For her incredible performance of Mozart's Clarinet Concerto at Truro Methodist Church, performing with members of the Bournemouth Symphony Orchestra. The concert was in from	
Isabelle	G		performing with members of the Bournemouth Symphony Orchestra. The concert was in from	nt
Isabelle	G	11		nt d
	G	11	performing with members of the Bournemouth Symphony Orchestra. The concert was in from of a large audience made up of music students and teachers from other colleges from around the county.	nt d S Parke
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HCC Sustainability and climate change group



YEAR 11

POST 16

On Wednesday 16 November, students from Helston Community College's 'Sustainability and Climate Change Group' worked with Cornwall Council's 'Making Space for Nature' and CORMAC staff in Helston's King George V Playing Field and Coronation Gardens. The work being carried out will improve the park environment for nature and for people. The planting of pollinator-friendly shrubs and trees will increase biodiversity by providing habitats and food for a wider range of wildlife, whilst also providing a more attractive, interesting space for local people to relax and play in. The students worked hard and enjoyed the trip, despite torrential rain and extremely muddy conditions. We returned on 30 November to continue this work in the community.









MESSAGES FROM OUR DIRECTORS OF KEY STAGE

KS3 News

I hope you are all well and ready for what the winter season brings.

As you would have seen from our recent College messages this term we have spent a lot of time working with the students on the importance of kindness, gratitude and social responsibility.

The idea that we can all do a little bit of something that can help support each other, the College community and our environment. We are also promoting the importance of being thankful and appreciating what may seem the 'small things' in life especially in these challenging times where a lot of us are very lucky to be living in such a supportive, caring community in such a beautiful part of the world.

Students who regularly demonstrate social responsibility and gratitude to others include those representing the College in Music, Sports and Drama, representing the College on

School trips, attending clubs and doing other extraordinary activities such as being a member of a local club, being an anti-bullying ambassador, College leader or having their say on Community projects in which they ensure that we are giving back to make Helston a little bit of a better place for us all to live and learn.

I hope that together we can support the College's 12 days of Christmas kindness campaign which highlights good deeds and events happening at the College over the next two weeks. This includes simple random acts of kindness such as opening doors for people to bringing in donations for the Helston Foodbank all to try and make Christmas a little easier for some people in our local Community. Our message as we move towards the festive period has been that if we are struggling to give to others, why not gift time to spend with loved ones and doing something which might make someone else's day whether checking in with a friend or relative or just supporting our parents with the chores! Wishing you and your families an exciting, joyous run up to the big day!

Terry Richardson.

KS4 News

It has been another busy half term in Key Stage 4. Year 10 have been busy starting to source their work experience placements. This is a fantastic opportunity and they are excited about it. Parents and carers can support with this by discussing with the students how they are getting on and helping them meet the strict deadlines.



There has also been the first round of assessments. Students have commented that they can see how the courses are getting more challenging and that expectations are higher. Year 10 parents and carers will have the opportunity to discuss this with class teachers in the upcoming Parents' Evening.

Years 10 and 11 have had several external speakers in to speak to them on topics such as Careers, Armistice and Higher Education. Year 11 students have also had to focus on preparation for mock exams. An important point where students are able to get a snapshot of how they are getting on in their courses and also what the areas of focus will be for future revision. Parents and carers will have the opportunity to discuss how the students have performed with class teachers in January.

We were also really pleased to have our very first mock interviews for Year 11. They had the opportunity of meeting over 35 employers and were put through their paces in preparation for future interviews. This was another fantastic opportunity and I would like to thank those employers who took part for giving up their time so generously.

In addition to all that has been mentioned above, we have been busy fundraising. Charlie, Sam, Chloe and Ethan managed to raise a staggering £100 for Children in Need last week. I am so proud of how they managed to organise the production of cakes and the sale without any help. Just amazing! Elsewhere in Year 11 Darcie, Olivia and their teams organised a fundraiser for Young Minds, a charity very close to our heart.

This leaves me to wish you all a very Merry Christmas, a Happy New Year and a very restful break.

Siobhan Barnes - Director of Key Stage 4

KS5 News

It has been another busy half term for Post-16 students, with many events going on besides the daily tasks of attending lessons and completing assignments. Year 13s have really got to grips with their university applications, with several students already



having received offers. Year 12s are taking the first steps on their journeys towards higher education with two forthcoming trips – a campus tour of Penryn with the University of Exeter, and a Higher Education Fair at Truro College. These two events should help students to plan and research their options for future direction, with many exciting options and choices.

The Student Leadership team has been busy organising fun events for people to take part in. A recent cake sale raised over £70 towards the Summer Ball. We have also had a pyjama day to raise funds, as well as a pool tournament and the first few games in the Post-16 six-a-side soccer tournament. It is lovely to see so much going on in the lead up to Christmas and it is great that the students themselves are taking such an active role in facilitating these activities. Particular thanks to the Student President, Katie Davis, who has been very pro-active, and worked very hard to make these things happen.

Danny Gillman - Director of KS5



BLUE TOKENS

If you are shopping in a local Tesco store, please ask for a blue token and pop it in the collection point for 'Helston Community College Nurture Group' to help us buy specialist IT equipment for students with additional learning and emotional needs. The charity with the most blue tokens at the end of the period will receive £1,500, the second place charity will receive £1,000 and the third place charity will receive £500. Everyone is a winner!! To use another Tesco phrase **#everylittlehelps**







CHRISTMAS TREES

Today students celebrated the 1st day of our 12 days of Christmas by putting up Christmas trees. We would like to say a massive thank you to Gareth Looker, from Looker Marketing Communications and Karen Looker, from Strawberry Finance, for the donation of the trees! These trees will then be donated back to members of the community.

CPR TRAINING COURSE

On Monday 28 November Year 12 and 13 students took part in a CPR training course. This course explored how to respond in emergency situations and how to conduct CPR. This session was facilitated by a paramedic from Role 1 Medical. Feedback was very positive and students stated 'it is such an important life skill to have and is wonderful to know we can help others, and to know how to do it properly is important'.



HELSTON COLLEGE LEARNS HOW TO PERFORM CPR AS CARDIAC ARRESTS RISE

Helston Community College students have been taking classes in essential life-saving skills to teach them how to save a person's life.Students from year seven upwards have been taking CPR awareness classes under the guidance of Stuart Smith from Role 1 Medical.

Role 1 Medical is a private ambulance company based in Redruth. The company provides ambulances to the NHS daily.

Stuart is also the Head of Commercial Training for the company and has been showing the students the correct way to perform CPR on dummies.

One year seven student hopes to train to be a Paediatric Doctor when she is older, so these lessons are beneficial for her, and all the students.

Stuart said: "The cardiac arrest rates are going up, so these classes are important for the students to know what to do in this situation.



"Although people may be scared to perform CPR, it's better to do something than nothing."

Stuart hopes that more schools, including primary schools and businesses, get involved with teaching basic life support. "With the cardiac arrest rates rising, it would be good to educate more people

"With the cardiac arrest rates rising, it would be good to educate more people about how they could potentially save someone's life."

Assistant Head Mel Mugford said: "These classes are essential for all our students. "It's about making them aware while they're still young."

After the class, the students were then welcome to look around the ambulance and turn on the sirens - which they thoroughly enjoyed. For more information, contact stuart.smith27@nhs.net **See this article in The Famouth Packet HERE**. Please note that due to the Coronation of King Charles III, Flora Day has been moved - the College will therefore be closed on Friday 5 May 2023.

The DFE have also announced that schools will be closed during the recently announced Bank Holiday on Monday 8 May 2023

DATES FOR YOUR DIARY

Wednesday 7 December

• Y10 Parent Teacher Consultation (Fac to face)

Thursday 8 December

• Christmas Concert, South Site Hall 6.30pm

Wednesday 14 December

• Carol Concert, St Michael's Church 6.30pm

Tuesday 3 January

• Training day for staff

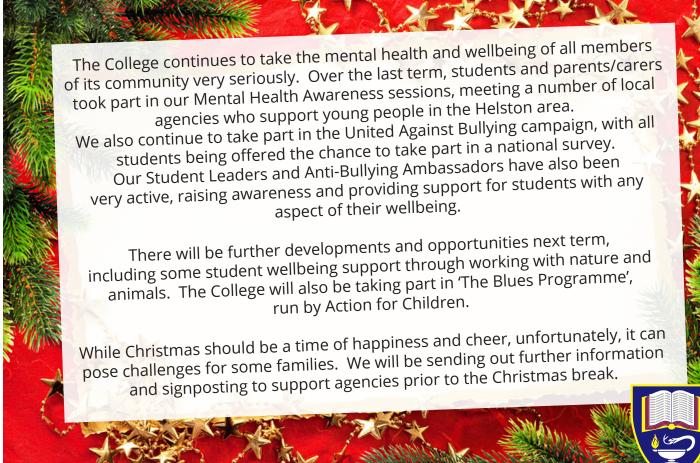
Wednesday 4 January

• Training day for staff

Thursday 5 January

• Students return after the Christmas Break





Our Holiday Camps are back for 4 days in the Christmas Holiday!

If you haven't seen or have any students yet to sign up, we are delighted to offer our Christmas Sports and Activity Programme. It is for all children of all abilities and we have half day places free of charge for Free School Meals (FSM) students. FSM Children can attend as many days as they would like from 10am - 2pm.

KS3/4 Children Qualification: they will be able to work towards a Leadership Award or their Leadership Level 1 qualification. The qualifications are designed to use sport and physical activity to help young people develop and hone their leadership skills whilst helping themselves and others stay physically active.

When: Mon – Thurs Half day 10.00 - 2.00pm Full day 9am - 4:30pm Dates: 19 - 22 December

Free spaces are available to those eligible for Free School Meals. To get your code please visit: www.cornwall. gov.uk/time2move Enter your code upon checkout at booking on **Playwaze**.

Food and Drink: Each participant will be provided with free hot meal at lunchtime, therefore all we ask is that everyone brings a drinks bottle to refill with our water fountains to keep them hydrated.

Please can we ask that you share this with your families and support us in our mission in supporting families over the holiday period.

We aim to support children by:

- Being Active
- Developing Skills
- Making Friends
- and Having Fun

This programme is supported by the Time2Move Programme:

The Time2Move Holiday Programme is open to ALL young people and is FREE for those aged 5* to 16 on benefits related Free School Meals. https://www.activecornwall.org/parentsand-carers/

Coast Activity Programme 07939863010



