Helston Community College

**Co-operative Community Award**

**GOLD**

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**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Tutor Group \_\_\_\_\_\_\_\_\_\_\_\_\_**

**Through taking part in this community program you will develop your skills in the co-operative values which are an integral and extremely important part of life in the College and the wider world.**

**How to gain your GOLD Award**

1. **Read** through the whole booklet carefully.
2. Select **three** of thevalues from Section A and complete **one** activity for each. You must complete AT LEAST one activity which takes place in college and one in the local community.
3. Once you have completed **each** activity complete the **INFORMATION ABOUT ACTIVITY sections** and ask the staff member who supervised you to complete their **STAFF EVALUATIONS.**
4. When you have completed your **three** activities then thoughtfully complete Section B, the **SELF-EVALUATION** form at the back.
5. **Show your tutor** who will check it and ensure you are awarded your **star badge, certificate and 40 CV’s**.

**Section A**

**Self-help**

You can develop the ability of **self-help** in the students of the College or the wider community by:

* **designing and leading** activities within a lesson, team or club to teach other students new skills or extend their current ones for a year
* **designing and leading** an activity which develops others’ skills, either in College, a local primary school or wider community
* **working** with a health or welfare professional or community group to write and present informative assembly presentations for all year groups on how students can improve their own health and/or welfare
* **mentoring** other students within the College ie. as a year 11 Study Buddy

**Self-responsibility**

You can develop **self-responsibility** in yourself, the College or the wider community by:

* **developing** a homework planner or revision plan which you trial with a group of students, and share with a year group
* **developing** **and following** an exercise program or healthy eating plan which you trial with a group of students, and share with a year group
* **creating and leading**  a study group for an extended period
* **having** a leading role within an extra-curricular activity

**Equality  & Equity**

You can develop **equality** and **equity** within the college or wider community by:

* **creating** a research project on Equality and Diversity issues in the College with recommendations for improvements, which is presented to SLT
* **promoting** equality through a powerful and informative poster campaign and assembly presentation

**Democracy**

You can develop **democracy** throughout the College or local community by:

* **being** an active member of the College Council, ensuring that the issues raised by your year group are acted on, and that the staff responses are fed back regularly
* **being** an active member of the SKIP, developing links between the co-operative schools
* **running** a campaign as a candidate for the position of West Cornwall Member of the Youth Parliament (MYP)

**Solidarity**

You can develop **solidarity** throughout the College or wider community by:

* **designing and leading** a lunchtime or after-college activity which enables others to feel part of the College community
* **sharing** your experiences, skills or interests with others in assemblies for each year group or a presentation to members of the college and public
* **having** a lead performance or management role within a music, drama or dance production in College, a local primary school or the wider community
* **creating** and maintaining active links between the College and other schools or community groups across the world
* **leading** a house

**Social-responsibility**

You can develop **social-responsibility** within individuals in the College or wider community by:

* **taking** responsibility over an area of the College or the local community, making it, and maintaining it as tidy and smart
* **developing** the level of recycling within the College or wider community through the creating of educational and practical resources
* **volunteering** for an extended period within an institution or community group to improve the quality of life for others

**Caring for others**

You can **care for others** and support others in doing this by:

* **designing** and leading a fund-raising activity within the College or local community
* **having** a leading and very active role within the College’s INTERACT group
* **regularly supporting** another student who has a learning difference within an after-college club, team or society or community group, and developing a resource to support them in some way

**Section B SELF EVALUATION**

**Openness & Honesty**

You can develop **your ability to be open about what you do and how you do** it by completing a **thoughtful and honest evaluation** of your community experiences.

* **Outline aspects of the community programme you’ve taken part it in, and evaluate them here,** remembering that there is no such thing as failure as you always learn from your mistakes! **Consider your ability to take charge, to work with others, to work independently, to communicate your ideas to others**

