

Discover the possibilities



Wider Events

Unifrog events– free webinars for students

To check out the full list of webinars please follow this link:

<https://www.unifrog.org/student/webinars>

<https://www.unifrog.org/student/webinars-past>

Top tips for acing an interview For students

Tuesday 28 November @ 16:30 UK time - 45 mins

Applying to apprenticeships and university: the do's and don'ts For students

Wednesday 29 November @ 16:30 UK time - 45 mins

The leap to an apprenticeship or university: how to cope with change For students

Wednesday 29 November @ 17:30 UK time - 45 mins

Student Stories: 'Why I'm glad I applied for uni!' For students

Thursday 30 November @ 17:00 UK time - 45 mins

COLLEGE CAREERS EVENTS:

Year 11– December, Cornwall College assembly

16th January– Year 7 assembly with a local Geologist

Year 11– January assembly on apprenticeships

26th January– Year 11, 12 and 13 apprenticeships event

Year 12/13- Maths graduate will come in to talk to A level maths student

Year 7– July Careers Fair with employers

Year 8 – group of 15 students participating in the Cornish Mining Games (June/July).

STUDENT CAREERS:

Please encourage your child to sign onto Unifrog to explore career pathways and labour market information about jobs and job sectors,

<https://www.unifrog.org/>

HOT JOBS

Please see our monthly 'Hot Job' from www.careerpilot.org.uk. This month it focuses on what a Paralegal does.

If your child would like further information on this career or any other, please visit www.careerpilot.org.uk



DENTAL TECHNICIAN

Dental technicians design, make & repair the dental appliances used to improve a patient's appearance, speech or ability to chew.



Salary*

£22,000
to £58,000



Skills

- ability to work well with your hands
- attention to detail
- ability to analyse quality
- thinking & reasoning skills



Subjects

A great job if you love biology.



Jobs

6% more jobs
nationally by 2023

* In 2018 the national average salary was £29,000. Remember, this figure will go up or down, depending on where you live.



- ➔ View information on 800+ jobs.
- ➔ Assess your skills using the Skills Map.
- ➔ Use the Course Search or Start with a Subject.

CAREERPILOT.ORG.UK

CAREERPILOT IS A ONE-STOP, IMPARTIAL CAREERS WEBSITE FOR 11-19 YEAR OLDS IN THE SOUTH OF ENGLAND.
THE SITE IS FREE TO USE AND IS CO-FUNDED BY 20 UNIVERSITY AND NCOR PARTNERS.

PARENT CAREERS:

To sign up as a parent or carer to Unifrog please use the following guidance.

Go to: [Unifrog - The complete destinations platform](#), and click on sign in

Your parent sign-up code is: **HLCCparents**

This code effectively acts like a one-time pass code so any parent signing up will only need to use it once - the very first time they login. Parents need to click on the words 'use it here' in this box on the right hand side of the 'sign in' page:

Been given a Sign up Code?

[➤ Use it here](#)

Student account Sign up Code

If you've been given a Sign up Code, fill in this form to create your own Unifrog student account (or if you're a parent, a dummy student account). For security, Sign up Codes expire 90 days after they've been created.

* Sign up Code

* First name

* Surname

* Gender

* Email address

* Retype email

UK postcode

* Password

- ✖ At least 8 characters
- ✖ At least one upper case
- ✖ At least one lower case
- ✖ At least one number
- ✖ At least one special character

* Retype password

✖ Retyped password matches

Already signed up? If you already have an account, please [sign in](#). If you've forgotten your password, [reset it](#).

The sign-up code goes in the top box, they fill in the rest of the details and set their own password. The Sign-up code identifies the user as a parent so they are kept totally separate from your live students (they'll appear on your 'Advanced' page with a leaving year of 2050) - from this point onwards, once their account is set up, they login with their email address and whichever password they set for themselves on the above sign-up page.

We also have this super handy intro video for Parents: [Parents- an introduction to Unifrog](#)

WORK EXPERIENCE PLANNING PACK

All Year 10 students will have the opportunity to take part in work experience during the period 15-19th July 2024.

The Work Experience Approval and Consent Form

The approval and consent form is a vital document in this process. Without it being completed accurately, students will not be allowed out on a Work Experience placement. This paperwork must be completed and all Health and Safety checks carried out, before a placement can be agreed and signed off. All forms have been distributed to students in tutor times. All students will have been advised on how to complete the form during tutorial.

Step 1	Parents/carers must complete SECTION 1: ' Information about the student ' and the ' Essential information relevant to Health, Safety and Welfare '. Students should keep this form safe until the employer completes their sections.
Step 2	Find a placement using the VERNAN website, this will be discussed in tutor times. Students should use this link https://cornwall.learnaboutwork.net/ and the login details Helston Student and PIN 6788
Step 3	Once an employer has offered your child a placement, the approval and consent form should be sent to the employer so that they can fill in SECTION 2 with the details of the placement. The employer should also provide an in depth ' Young person's risk assessment ' as per SECTION 3. Inadequate risk assessments will prevent the Work Experience placement going ahead. This can either be completed on the form itself or an attachment can be added. The form also acts as an assurance that the employer has checked their insurance cover and Health and Safety Policy by signing SECTION 4. Please note that students are unable to take up a placement with an employer who does not have Employer's Liability Insurance and Public Liability Insurance.
Step 4	When the employer has completed the employer sections, the form should be returned to the student. The form should then be <u>signed by both the parents and the student</u> to indicate that you and your child agree to the conditions of the placement. This is found on <u>page 4</u> of the Approval and Consent Form.
Step 5	When fully complete the approval and consent form should be returned to Mrs Mugford to be processed, and the information sent to Cornwall Education Business Partnership (EBP). This body is sub-contracted to carry out Health and Safety checks on the school's behalf. <i>No student will be allowed out on Work Experience until all the paperwork and Health and Safety checks have been carried out.</i>

The purpose of Work Experience is to provide each Year 10 student with the opportunity to experience time in the work place. We understand that a number of students have part-time jobs at this time, however we strongly advise all students to try different placements. Students must not be paid for the work they do during the Work Experience placement.

If you would like to arrange a placement out of Cornwall, you must complete the relevant approval and consent form and return it to the College by **Thursday 5 October 2023**, so that we have time to carry out all the necessary checks.

The deadline for handing in completed Work Experience forms is **Friday 24 November 2023**.

It is essential that you ask any employer who is going to be working with the student on a one to one basis or travelling alone with the student, to obtain an up to date DBS Certificate. Any work placement without one cannot have the placement approved by Helston Community College. A copy of the DBS Certificate or online DBS link for us to check must be sent to us. It is essential that these are obtained when the form is complete as this will prevent the Work Experience from taking place.

Please note that during work experience parents/carers are responsible for all travel and lunch arrangements and expenses. Vouchers will be provided for students in receipt of Free School Meals.

If you have any questions, please do not hesitate to contact me via email (mmugford@helston.cornwall.sch.uk).

Further details and all forms can be found on the College website: https://www.helston.cornwall.sch.uk/web/work_experience/623579

OUR COLLEGE CAREERS ADVISOR:

Students in Year 10 and 11 are provided with small group and 1:1 guidance interviews. Year 11 students have started to see our careers advisor and will continue with these appointments throughout the term. During Year 11 all students will be offered 1:1 careers guidance interviews. At these interviews students will create a careers plan which they can use to support them in their transition to the next stage of education. Students will now be given a printed copy of this plan so they can share their discussions with parents and carers.

If you have any questions with regards to the 1:1 appointments please contact Mrs Gibson our careers guidance advisor via email wgibson@helston.tpacademytrust.org

11-16? Get creative at CAST Saturday Club this Autumn!

Enjoy drawing and printmaking with CAST studio artist Ben Sanderson, have a go at stone carving with Stephane Rouget, get behind the scenes access to artist studios at CAST, go on trips and more!

Our popular CAST Saturday Club sessions for young people aged 11-16 will resume from 30th September 2023 and new members are welcome to join the club. Spaces are limited and we recommend registering in good time to avoid disappointment. To take part please contact kate@c-a-s-t.org.uk.

ABOUT CAST SATURDAY CLUB

CAST Saturday Club are a group of young people aged 11-16 who meet weekly at CAST to work with artists, explore their creativity, learn new skills, and develop creative projects <https://c-a-s-t.org.uk/learning/young-people/saturday-club>. All sessions are free with materials provided and you don't need any previous experience to take part.



PE Department Physio Visit

Over the past four weeks the PE department have had the pleasure of welcoming Becky Duncan and her team from Physio Practice Cornwall to give our year 10 students an introduction into a career in Physiotherapy. Becky and Mel gave the students an insight into the role of a physiotherapist, the benefits of physiotherapy and useful pathways to gain work experience and study in this area. Each visit consisted of students participating in a group discussion and in a practical session where they completed a balance test. Students had a great experience and hopefully we have inspired some future physio's!

Thanks goes to Mrs Murray Adams and Mrs Pryor for organising this fantastic set of talks.





Military Skills Day

A group of post 16 students from year 12 and 13 took part in a military skills day today that was delivered by the Royal Navy. Most of the students that participated aspire for a career in the armed forces and a few are unsure but wanted to take part in order to enhance their knowledge of the opportunities that the Navy can offer. The day was action packed and required the students to work in teams and complete tasks that needed lots of pragmatic thinking. The students demonstrated outstanding teamwork, integrity and leadership skills, there were some young people that started the day relatively reserved and then ended up confident and determined, skills that will carry them forward in any career.

The students learnt that their extracurricular hobbies and passions can be put to great use in the armed forces and may also be an added bonus when they apply. One of our students, who is a competent sailor was very excited to learn that she might be able to continue with her passion and be able to represent the armed forces should she decide to follow a military career.

Every year, FIRST® LEGO® League releases a new Challenge based on a real-world, scientific theme.

As participants progress into Explore, children will take their background knowledge of STEM and put it into practice as they work in teams to design and build robots using the LEGO® Education SPIKE Essential.

Once they are ready to move into a competitive setting, they join the Challenge competition and apply their STEM skills combined with critical thinking to work with a team, build a robot, and compete in an exciting, mission-based robotics game.

FIRST® LEGO® League 2023/24 introduces STEM to children through fun, exciting hands-on learning. Participants gain real-world problem-solving experiences through a guided, global robotics program, helping today's students and educators build a better future together.

In the **MASTERPIECESM** challenge, debuting August 1, 2023, *FIRST* LEGO League teams will imagine and innovate new ways to create and communicate art across the globe.

Be part of our team! [C01 Monday Lunchtimes!](#)





Guerrilla Filmmaking

15 or Over? - I Inspire #2

With Sky Neal & Rachel Rose Seely

Monday 18/12/23

9.30 am - 5.30 pm

Tuesday 19/12/23

9.30 am - 8.30 pm

DAY 1 -

Morning - View clips and learn how to pitch the idea.

Afternoon - Formulate the script/story board. Shoot test shots

DAY 2 -

Morning - Shoot Your Promo

Afternoon - Editing

Evening - Pizza Supper and watch your films on the big screen

Admission Free : £15 Returnable Deposit



Mermaids of Popoyo - Sky Neal

"Give young people a greater voice. They are the future and they are much wiser than we give them credit for." - Desmond Tutu



Ghostin' - Rachel Rose Seely

Register - www.42thelivingroom.com

Sponsored by the Helston Downlands Trust

42 Coinagehall St - Helston - TR13 8EQ

I Inspire

Guerilla Filmmaking

The second in the series of our workshops for young people in Helston.

Sky Neal & Rachel Rose Seely, two independent filmmakers, with a broad range of experience from promos to documentaries will take you through the experience of making 1-3 minute film on your phone.

Looking at the sustainable Development Goals set out by the United Nations, those who attend will make a short promo around a chosen goal that explores their attitude & vision to the world around them.

Key Aims

1. Learn to break down your idea into an engaging & dynamic format.
2. How to push the boundaries of shooting on your phone.
Learning the language of framing & different styles of shooting.
3. Learn how to develop a conscious command of the social media content you put out there & the stories you want to tell.
4. Interviewing and editing techniques, amongst other film hacks.
5. Pointers on how to develop your skills further. Plus links to opportunities & grants in the media.

“The greatest pleasure in life is doing what people say you cannot do.” Walter Bagehot

The purpose of the workshop is to develop your voice through the medium of moving image.

In the early stages it's easy to get caught up in the technology without learning how to really think and develop what you are trying to put across. The great thing about now is you can make relatively high quality content on your phone.

Yet, the backbone of any great short film, documentary, promo, advert is the idea then how you execute it. How you tell the story, no matter how split second it maybe is everything & now more than ever you need to learn how to stand out in an ocean of social media noise.

We also need to experiment & make mistakes. The workshop will be about exploring & having fun, in addition to learning how to make a film for nothing. Hopefully empowering you to head out and make your own content for little or no money,

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