



Southerly Point
Co-operative
Multi-Academy Trust

06 October 2022

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Dear Parents/Carers

#HelloYellow
World Mental Health Day
Monday 10 October 2022

On Monday 10 October we will be joining thousands of schools across the UK by wearing something yellow to help raise awareness and money for the charity YoungMinds (<https://www.youngminds.org.uk/>).

The number of young people in need of mental health support is growing faster than ever, with a record breaking 420,000 young people being treated for mental health problems every month. Most young people aren't getting the help they need, and this can't go on. We need to make sure young people know that how they feel matters and they deserve to feel supported.

All staff and students are invited to wear a yellow accessory on this date, such as a bracelet, scarf, socks, hair band etc. All other uniform rules will apply.

A number of activities relating to mental health are planned for this day.

If you would like to make a donation to YoungMinds, you can do so via ParentPay.

We're confident that taking part in #HelloYellow will show our young people that they're not alone with their mental health. Together, we can create a brighter future for children and young people.

Yours faithfully

Mrs M Mugford
Assistant Headteacher
Community