

## **WEEK 1 – 3<sup>rd</sup> October 2022**

**Monday**

**Steak Pasty**

**Cheese and Onion Pasty**

**Tuesday**

**Chicken Curry served with Rice and Naan**

**Boston Beans with Quorn Sausage**

**Wednesday**

**Pork Sausages, Roast Potatoes and Vegetables**

**Veg Kiev, Roast Potatoes and Vegetables**

**Thursday – Meat Free**

**Macaroni Cheese with Garlic Bread and Salad**

**Vegetable Burger with Wedges and Salad**

**Friday**

**Fish & Chips**

**Pizza & Chips**

**Jacket Potatoes, Variety of Sandwiches, Snacks and Fruit  
available every day.**

**Please be aware that due to continuously increasing  
costs, our meal prices have increased to £2.30 for Main  
Meal/Sandwich and £2.60 for a Meal Deal.**

## **Week 2 – 10<sup>th</sup> October 2022**

### **Monday**

**Steak Pasty**

**Cheese and Onion Pasty**

### **Tuesday**

**BBQ Pork with Noodles and Chinese Vegetables**

**Tofu and Vegetable Stir Fry**

### **Wednesday**

**Roast Chicken, Roast Potatoes and Vegetables**

**Quorn Fillet, Roast Potatoes and Vegetables**

### **Thursday – Meat Free**

**Vegetarian Lasagne with Garlic Bread and Salad**

**Quesadilla with Salad**

### **Friday**

**Salmon Fish Fingers & Chips**

**Pizza & Chips**

**Jacket Potatoes, Variety of Sandwiches, Snacks and Fruit  
available every day.**

**Please be aware that due to continuously increasing  
costs, our meal prices have increased to £2.30 for Main  
Meal/Sandwich and £2.60 for a Meal Deal.**

## **WEEK 3 - 17<sup>th</sup> October**

**Monday**

**Steak Pasty**

**Cheese and Onion Pasty**

**Tuesday**

**Pork Chilli with Rice and Nachos'**

**Halloumi with Quinoa and Vegetables**

**Wednesday**

**Pork Sausages, Roast Potatoes and Vegetables**

**Quorn Sausage, Roast Potatoes and Vegetables**

**Thursday – Meat Free**

**Quorn Bolognese with Garlic Bread**

**Sweet Potato and Chick Pea Curry with Rice and Naan**

**Friday**

**Fish & Chips**

**Pizza & Chips**

**Jacket Potatoes, Variety of Sandwiches, Snacks and Fruit  
available every day.**

**Please be aware that due to continuously increasing  
costs, our meal prices have increased to £2.30 for Main  
Meal/Sandwich and £2.60 for a Meal Deal.**