

# CAREERS MONTHLY NEWSLETTER October

## Discover the possibilities



## Wider Events

### UNIFROG EVENTS– FREE WEBINARS FOR STUDENTS

**To check out the full list of webinars please follow this link:**

<https://www.unifrog.org/student/webinars>

<https://www.unifrog.org/student/webinars-past>

#### **The benefits of moving away from home for university For students**

Wednesday 11 October @ 16:00 UK time - 1hr

#### **Escape the city! Discover the best universities in the East of England! For students**

Thursday 12 October @ 16:00 UK time - 45 mins

#### **Why study sports and exercise science? For students**

Thursday 12 October @ 17:00 UK time - 45 mins

#### **Unlock your future with a business and finance degree For students**

Tuesday 17 October @ 16:00 UK time - 45 mins

#### **Explore ocean and earth sciences with University of Southampton For students**

Thursday 19 October @ 16:30 UK time - 1hr

#### **Why study criminology: What really happens in prison? For students**

Monday 30 October @ 17:00 UK time - 45 mins

## **COLLEGE CAREERS EVENTS:**

20th November– Year 12 and 13 briefing, Degree Apprenticeships, Falmouth University

Year 7 Computing– Berbras Challenge

Year 7 Computing— Lego League Challenge

All years– Cyber Centurion Competition for select students

Year 7 –11 Art—Creative careers lesson activities

Year 8– Military Skills event for select students

Year 12/13– Military Skills event for select students

Year 13 – in November are visiting a local farm that focusses on sustainable agriculture.

Year 11– Helston Community College 6th Form Assembly

Year 11– November, Year 11 6th Form Taster day at Helston Community College

Year 7– PSHE lesson on Career Pilot via Falmouth University

Year 12/13– Higher Degree Apprenticeships assembly

Year 8 PE– Links with employers from Helston Leisure Centre

6th Form Residential to Oxford University– selected students

Year 11 students—1:1 Careers Guidance with Careers 4 U

Year 11– December, Cornwall College assembly

16th January– Year 7 assembly with a local Geologist

Year 11– January assembly on apprenticeships

26th January– Year 11, 12 and 13 apprenticeships event

Year 12/13- Maths graduate will come in to talk to A level maths student

Year 7– July Careers Fair with employers

Year 8 – group of 15 students participating in the Cornish Mining Games (June/July).

## **STUDENT CAREERS:**

Please encourage your child to sign onto Unifrog to explore career pathways and labour market information about jobs and job sectors,  
<https://www.unifrog.org/>

## HOT JOBS

Please see our monthly 'Hot Job' from [www.careerpilot.org.uk](http://www.careerpilot.org.uk). This month it focuses on what a Paralegal does.

If your child would like further information on this career or any other, please visit [www.careerpilot.org.uk](http://www.careerpilot.org.uk)



# PARALEGAL

Paralegals carry out research, prepare legal documents and give legal advice to clients.



**Salary\***  
£14,000  
to £40,000



## Skills

- work well with others
- work well under pressure
- excellent verbal communication
- excellent written communication



## Subjects

A great job if you love law or English.



## Jobs

5% more jobs nationally by 2023

\* In 2018 the national average salary was £29,000. Remember, this figure will go up or down, depending on where you live.



- ➔ View information on 800+ jobs.
- ➔ Assess your skills using the Skills Map.
- ➔ Use the Course Search or Start with a Subject.

**CAREERPILOT.ORG.UK**

CAREERPILOT IS A ONE-STOP, IMPARTIAL CAREERS WEBSITE FOR 11-19 YEAR OLDS IN THE SOUTH OF ENGLAND. THE SITE IS FREE TO USE AND IS CO-FUNDED BY 20 UNIVERSITY AND NCOP PARTNERS.

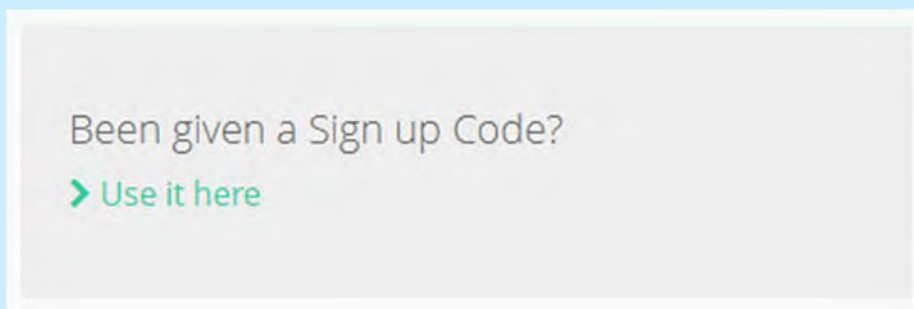
## PARENT CAREERS:

To sign up as a parent or carer to Unifrog please use the following guidance.

Go to: [Unifrog - The complete destinations platform](#), and click on sign in

Your parent sign-up code is: **HLCCparents**

This code effectively acts like a one-time pass code so any parent signing up will only need to use it once - the very first time they login. Parents need to click on the words 'use it here' in this box on the right hand side of the 'sign in' page:



**Student account Sign up Code**

If you've been given a Sign up Code, fill in this form to create your own Unifrog student account (or if you're a parent, a dummy student account). For security, Sign up Codes expire 90 days after they've been created.

\* Sign up Code

\* First name

\* Surname

\* Gender

\* Email address

\* Retype email

UK postcode

\* Password

- ✖ At least 8 characters
- ✖ At least one upper case
- ✖ At least one lower case
- ✖ At least one number
- ✖ At least one special character

\* Retype password

✖ Retyped password matches

Already signed up? If you already have an account, please [sign in](#). If you've forgotten your password, [reset it](#).

The sign-up code goes in the top box, they fill in the rest of the details and set their own password. The Sign-up code identifies the user as a parent so they are kept totally separate from your live students (they'll appear on your 'Advanced' page with a leaving year of 2050) - from this point onwards, once their account is set up, they login with their email address and whichever password they set for themselves on the above sign-up page.

We also have this super handy intro video for Parents: [Parents- an introduction to Unifrog](#)



## WORK EXPERIENCE PLANNING PACK

All Year 10 students will have the opportunity to take part in work experience during the period 15-19th July 2024.

### The Work Experience Approval and Consent Form

The approval and consent form is a vital document in this process. Without it being completed accurately, students will not be allowed out on a Work Experience placement. This paperwork must be completed and all Health and Safety checks carried out, before a placement can be agreed and signed off. All forms have been distributed to students in tutor times. All students will have been advised on how to complete the form during tutorial.

Step 1	Parents/carers must complete SECTION 1: ' <b>Information about the student</b> ' and the ' <b>Essential information relevant to Health, Safety and Welfare</b> '. Students should keep this form safe until the employer completes their sections.
Step 2	Find a placement using the VERNAN website, this will be discussed in tutor times. Students should use this link <a href="https://cornwall.learnaboutwork.net/">https://cornwall.learnaboutwork.net/</a> and the login details <b>Helston Student</b> and PIN <b>6788</b>
Step 3	Once an employer has offered your child a placement, the approval and consent form should be sent to the employer so that they can fill in SECTION 2 with the details of the placement. The employer should also provide an in depth ' <b>Young person's risk assessment</b> ' as per SECTION 3. Inadequate risk assessments will prevent the Work Experience placement going ahead. This can either be completed on the form itself or an attachment can be added. The form also acts as an assurance that the employer has checked their insurance cover and Health and Safety Policy by signing SECTION 4. Please note that <b>students are unable to take up a placement with an employer who does not have Employer's Liability Insurance and Public Liability Insurance.</b>
Step 4	When the employer has completed the employer sections, the form should be returned to the student. The form should then be <b><u>signed by both the parents and the student</u></b> to indicate that you and your child agree to the conditions of the placement. This is found on <b><u>page 4</u></b> of the Approval and Consent Form.
Step 5	When fully complete the approval and consent form should be returned to Mrs Mugford to be processed, and the information sent to Cornwall Education Business Partnership (EBP). This body is sub-contracted to carry out Health and Safety checks on the school's behalf. <b><i>No student will be allowed out on Work Experience until all the paperwork and Health and Safety checks have been carried out.</i></b>

The purpose of Work Experience is to provide each Year 10 student with the opportunity to experience time in the work place. We understand that a number of students have part-time jobs at this time, however we strongly advise all students to try different placements. Students must not be paid for the work they do during the Work Experience placement.

If you would like to arrange a placement out of Cornwall, you must complete the relevant approval and consent form and return it to the College by **Thursday 5 October 2023**, so that we have time to carry out all the necessary checks.

The deadline for handing in completed Work Experience forms is **Friday 24 November 2023**.

It is essential that you ask any employer who is going to be working with the student on a one to one basis or travelling alone with the student, to obtain an up to date DBS Certificate. Any work placement without one cannot have the placement approved by Helston Community College. A copy of the DBS Certificate or online DBS link for us to check must be sent to us. It is essential that these are obtained when the form is complete as this will prevent the Work Experience from taking place.

**Please note that during work experience parents/carers are responsible for all travel and lunch arrangements and expenses. Vouchers will be provided for students in receipt of Free School Meals.**

If you have any questions, please do not hesitate to contact me via email ([mmugford@helston.cornwall.sch.uk](mailto:mmugford@helston.cornwall.sch.uk)).

Further details and all forms can be found on the College website: [https://www.helston.cornwall.sch.uk/web/work\\_experience/623579](https://www.helston.cornwall.sch.uk/web/work_experience/623579)

## **OUR COLLEGE CAREERS ADVISOR:**

Students in Year 10 and 11 are provided with small group and 1:1 guidance interviews. Year 11 students have started to see our careers advisor and will continue with these appointments throughout the term. During Year 11 all students will be offered 1:1 careers guidance interviews. At these interviews students will create a careers plan which they can use to support them in their transition to the next stage of education. Students will now be given a printed copy of this plan so they can share their discussions with parents and carers.

If you have any questions with regards to the 1:1 appointments please contact Mrs Gibson our careers guidance advisor via email [wgibson@helston.tpacademytrust.org](mailto:wgibson@helston.tpacademytrust.org)

# HELSTON COMMUNITY COLLEGE ALUMNI JANUARY 19TH 6-8PM

Limited Spaces so book your interest using the QR code now to avoid disappointment!!

If you have any old photos you'd like to share on the night, please email them to [MMugford@helston.tpacademytrust.org](mailto:MMugford@helston.tpacademytrust.org)





## Invitation to Alumni Reunion

You are warmly invited to the Helston Community College annual alumni event on Friday 19th January at 6pm. Come back to your old school for some snacks and a chance to reconnect with classmates. Whether you are a recent leaver or if you left school decades ago, we would love to see you again. We will also be offering a tour of the school for a trip down memory lane.

To RSVP, please complete the Microsoft form found here: <https://forms.office.com/e/Mz3ygD0WDr> alternatively call the school office on 01326 572685. Please RSVP by 10th December 2023.

If you are still in touch with any former classmates who you think would like to join, please forward them this email.

If you feel you could help support this event with refreshments, table linen or catering, please get in touch with Mrs Mugford. All help is gratefully received. Also if you have any past photos of your time at Helston School that you would like to share, please could you send them to [mmug-](#)



## Spiral UK– Year 12 Visit

On Thursday 28th September, we were fortunate enough that our year 12, design engineering students, were invited & involved in an open day at a local design & manufacturing company Spiral Construction Ltd, as a part of National Manufacturing Day. Students got to experience all parts of the design & manufacturing sequence, from concept & through the various manufacturing stages. There were opportunities to speak to staff from all stages of the process & gain first hand insight into national engineering & manufacturing taking place on our doorstep.

There was a BBC radio Cornwall presenter there, who interviewed 2 of our students.



## Year 9 Careers Carousel

On 4th October Year 9 had the opportunity to discuss future careers pathways with a wide range of local and national businesses. Students were tasked with speaking to at least ten employers during the sessions to investigate what skills, qualifications and expertise you need to follow those career pathways. This was a fantastic opportunity for students to see what jobs are available locally but also to see what opportunities are available nationally and internationally. We were very lucky to have the support of over 30 businesses, who dedicate their time to support the delivery of careers education at Helston Community College. The businesses said how wonderful all students were and how we should be very proud of them all for their enthusiasm and engagement. Thank you to all of you that were involved.





## Year 11 Mock interviews with employers

On Wednesday 23rd November Year 11 students were offered the opportunity to take part in mock interviews, with local employers. We had 33 businesses that helped support this event, conducting over 120 interviews throughout the evening.

Employers were very impressed with how the students conducted themselves during these interviews.

Some comments from the employers can be seen below:

*'Students were well prepared and represented themselves and the college well'*





## Year 10 PSHE day

On 3rd October all Year 10 students took part in a PSHE Drop dow day. All students experienced an assessment centre style task. This was run by Cornwall Council and was directly linked to apprenticeships and recruitment. Students were challenged to work together and use their skills to solve problems and come up with creative solutions.

## Faraday Challenge

On Monday 16<sup>th</sup> October, Helston Community College hosted the annual Faraday Challenge, where teams of year 8 students compete to solve real world issues. The organisation behind the event are the Institute of Engineering & Technology (IET), & part of their aim is to they run a range of STEM activities, to help engage people in the world of engineering. We were joined on site by teams from 3 other schools, Cape, Hayle & St Ives. Students got to work collaboratively, to inform & engineer designs & functioning prototypes. Teams worked hard throughout the day on their designs & had to pitch their ideas to the rest of the audience & judging panel. With their great concept, team work, functioning prototype & presentation skills, Team 1 from Helston Community College were overall winners.



## Navy Chef Session

The Food Department at Helston Community College were lucky enough to host Chefs from the Royal Navy on October 4<sup>th</sup> to work with GCSE and A Level Food students during professional cooking sessions within the food department.

Along with fantastic careers talk where after even Helston Head of Food Mr. Reay had wished he was still young enough to join the Navy, students were shown the vast fantastic opportunities of working within our armed forces, and especially as a professional and skilled chef.

Students were then supported by Royal Navy Chefs in a 'team cook-off' making traditional Cornish Pasties and Jam Swiss Roll where not only were they able to show skills they had learnt during their time cooking at Helston Community College, but were incredibly well supported by the Royal navy staff in developing new and existing skills during the fierce, but good natured 'cook off' that our Royal Navy guests had put on for the students.

A fantastic morning was had by all with students incredibly grateful for their visit from the Royal Navy team. Mr. Reay is still considering his new Navy career!





## 11-16? Get creative at CAST Saturday Club this Autumn!

Enjoy drawing and printmaking with CAST studio artist Ben Sanderson, have a go at stone carving with Stephane Rouget, get behind the scenes access to artist studios at CAST, go on trips and more!

Our popular CAST Saturday Club sessions for young people aged 11-16 will resume from 30th September 2023 and new members are welcome to join the club. Spaces are limited and we recommend registering in good time to avoid disappointment. To take part please contact [kate@c-a-s-t.org.uk](mailto:kate@c-a-s-t.org.uk).

### ABOUT CAST SATURDAY CLUB

CAST Saturday Club are a group of young people aged 11-16 who meet weekly at CAST to work with artists, explore their creativity, learn new skills, and develop creative projects <https://c-a-s-t.org.uk/learning/young-people/saturday-club>. All sessions are free with materials provided and you don't need any previous experience to take part.





Every year, FIRST® LEGO® League releases a new Challenge based on a real-world, scientific theme.

As participants progress into Explore, children will take their background knowledge of STEM and put it into practice as they work in teams to design and build robots using the LEGO® Education SPIKE Essential.

Once they are ready to move into a competitive setting, they join the Challenge competition and apply their STEM skills combined with critical thinking to work with a team, build a robot, and compete in an exciting, mission-based robotics game.

*FIRST*® LEGO® League 2023/24 introduces STEM to children through fun, exciting hands-on learning. Participants gain real-world problem-solving experiences through a guided, global robotics program, helping today's students and educators build a better future together.

In the **MASTERPIECE<sup>SM</sup>** challenge, debuting August 1, 2023, *FIRST* LEGO League teams will imagine and innovate new ways to create and communicate art across the globe.

Be part of our team! [C01 Monday Lunchtimes!](#)



# ALUMNI NEWS



I used to go to Helston Community College and now I am a Response Officer for Devon and Cornwall Police, I run my own Volunteer Police Cadet Unit and I have a First class BSc Honours degree in Police Studies and Criminal Investigation

IF YOU ARE A FORMER STUDENT AND WOULD LIKE TO SHARE  
YOUR SUCCESS PLEASE EMAIL:

[mmugford@helston.tpacademytrust.org](mailto:mmugford@helston.tpacademytrust.org)





# YOUNG DESIGNERS

Discover your inner designer with '**Young Designers**', an exciting **6 week** long after-school club tailored for **year groups 7-9**.

Dive into **design sprints**, **product sketching**, **ideation**, and **prototyping**, whilst exploring the theme of **designing for education**.



Wednesday 8th November 3.30-4.30 pm



DT1

Please return consent  
forms to Mr Jones