Helston Community College

**Co-operative Community Award**

**PLATINUM**

**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Tutor Group \_\_\_\_\_\_\_\_\_\_\_\_\_**

**Through taking part in this community program you will develop your skills in the co-operative and ethical values which are an integral and important part of life in the College and the wider world.**

**How to gain your PLATINUM Award**

1. **Read** through the whole booklet carefully.
2. Select **three** of theCV’s from **Section A** and complete **one** activity for each. **They must not be ones you used for your GOLD Award**. You must complete **AT LEAST** one activity which takes place in college and one in the local community.
3. Once you have completed **each** activity complete the **INFORMATION ABOUT ACTIVITY section** and ask the staff member who supervised you to complete their **STAFF EVALUATION.**
4. Once you have completed your **three** activities, complete **Section B,** the **SELF-EVALUATION** form at the back.
5. **Your tutor** will then sign you off and ensure you are awarded your **star badge, certificate and 50 CV’s**. Well done!

**Section A**

**Self-help**

You can develop the ability of **self-help** in the students of the College or the wider community by:

* **developing and presenting** a whole-college or community initiative which helps individuals or groups of people improve their own health or welfare

**Self-responsibility**

You can develop **self-responsibility** in yourself, the College or the wider community by:

* **developing** a homework planner or revision plan which you trial with a group of children, College students or adults and share with a year group
* **devising** **and taking part** in an exercise programme which you trial with a group of children, College students or adults and then share with the College
* **developing and following** a healthy eating plan which you trial with a group of students, and share with a year group
* **developing** **and running** a study group within College, a local primary school or wider community
* **having** a leading role within an extra-curricular activity

**Equality &** Equity

You can develop **equality** and **equity** within the college or wider community by:

* **developing and presenting** a whole-college or community initiative which educates and inspires others to treat those with difference equally
* **developing** a practical resource or resources to support or educate an individual, or group, with a learning difference within the College, a local primary school or wider community

**Democracy**

You can develop **democracy** throughout the College or local community by:

* **being** an active member of the College Council, developing and presenting assembly resources in response to the requests of the student body
* **being** an active member of SKIP, developing links between the co-operative schools
* **running** a campaign as a candidate for the position of West Cornwall Member of the Youth Parliament (MYP)

**Solidarity**

You can develop **solidarity** throughout the College or wider community by:

* **creating** and maintaining active links between the College and other schools or community groups across the world
* **designing and leading** an activity which enables others to learn some of your skills either in the College, a local primary school or the wider community
* **designing, promoting and presenting** a public event within the College or wider community which shares your interests, experiences or skills, either individually or as part of a group
* **leading** a House

**Social-responsibility**

You can develop **social-responsibility** within individuals in the College or wider community by:

* **taking** responsibility over an area of the College or the local community, making it, and maintaining it as tidy and smart
* **developing and running** an Eco-group within the College, a local primary school or wider community through the creation of educational and practical resources
* **volunteering** for an extended period with an institution or community group which improves the quality of life for others

**Caring for others**

You can **care for others** and support others in doing this by:

* **designing** and leading a whole College, local primary school or community fund-raising activity or event
* **developing** a practical resource or resources to support or educate an individual, or group, with a learning difference within the College, a local primary school or wider community

**Section B SELF EVALUATION**

**Openness & Honesty**

You can develop **your ability to be open about what you do and how you do** it by completing a **thoughtful and honest evaluation** of your community experiences.

* **Present an evaluation of your two activities, as a talk and slide presentation, to a group of students, staff or members of the public from a group you have worked with.**
* **Within it, outline aspects of the community programme you’ve taken part it in and evaluate them thoughtfully, your successes, your failures, what you have learned and what you could do next.** Remember that there is no such thing as failure as you always learn from your mistakes!
  + **Consider your ability:**
    - **to take charge**
    - **to work with others**
    - **to work independently**
    - **to communicate your ideas to others**

